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## First Selectman's Corner

On September 30th, 13 people from Old Lyme traveled to Kittery Point, Maine to witness the launching of the beautifully restored Mervin F. Roberts 25-foot surf boat. Sam Reid, President of the Wood Island Life Saving Station Association, rounded up eight oarsmen (one of whom is the two-star Admiral who commands the First Coast Guard District) who rowed the Roberts about a mile to Wood Island, where it will be a key artifact in the Wood Island Museum. Spectators were transported to the Island to welcome the arrival of the Roberts. The Life Saving Station is undergoing a total renovation and will be open to the public in the spring of 2023.

On September 20th, the Town notified 33 small businesses and non-profit entities that their **American Rescue Plan Act** ("ARPA") Economic Recovery grant checks were ready to be distributed. The total amount of these checks was \$318,649 and they ranged in size from \$1,888 to \$10,000. The next batch of checks will be \$1,783,566 for 33 Community Initiative grants ranging in size from \$1,700 to \$275,000. Thanks to the ARPA Committee for its hard work to sort through the regulations and for making the determination on how the funds were distributed.

The six-member **36-1 Buttonball Rd. Committee**,

recommended to the Board of Selectmen and, on October 3rd, the Board approved Phase 1 for the three-acre parcel which opens the property to the public with limited signage and parking. The public is welcome to walk to the edge of the marsh to observe

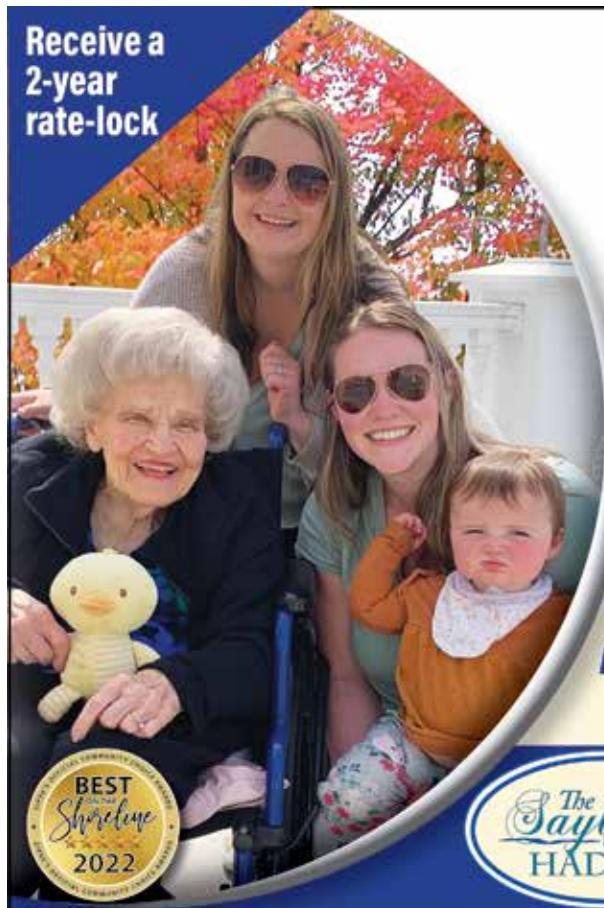
### **Horse Neck Creek, the Black Hall River**

and the related wild life. However, there will be no access to the tidal marsh or Horse Neck Creek initially. Phase 2 will focus on potential access to the marsh and access to Horse Neck Creek for the purpose of launching a kayak or canoe. The Committee will obtain a professional report that will analyze whether the public should have access to the marsh and whether access to the water in order to launch small boats makes sense.

Town Counsel has provided the Board of Selectmen a report from an archival attorney who states that **Tantummaheag Rd.** was and is a Town road that goes from Route 156 to the actual Tantummaheag Landing. Accordingly, we assert that, as a town road, the public has a right to use it as the public

Timothy Griswold  
First Selectman

*continued on page 5*



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## CONTENTS

First Selectman's Corner	3
Assessors Office	8
Shop Local in Old Lyme	8
Affordable Housing Commission	9
Visiting Nurse Association	10
The Woman's Exchange of Old Lyme - Lyme Tree	10
Halls Road Improvements Committee	12
3D Printing in Our Schools	13
Old Lyme Ambulance - Naloxone	
Leave-Behind Kits	14
Duck River Garden Club Wins Awards	16
The Old Lyme Town Band	17
Trash and Recycling	18
Transfer Station Information	19
A Guide to Recycling	20
Town Clerk's Office	21
Phoebe Griffin Noyes Old Lyme Library	22
Do I Need a Lawyer for Probate?	23
Upcoming Events at the Lyme Library	24
Streetlights	25
Lymes' Youth Service Bureau	26
An Honor to Serve	27
Helping Students Overcome Addiction	28
Lyme Art Association	30
One Step Closer to Normal	30
Old Lyme Open Space Commission	32
Florence Griswold Museum	34
Cappella Cantorum Performs	34
Vivaldi's Gloria & Other Holiday Favorites	34
Old Lyme Historical Society	35
Musical Masterworks – Concerts for	
December and February	36
Old Lyme Conservation Commission	36
How to Reach Our Legislators	38
Roger Tory Peterson Estuary Center	38
Rogers Lake Authority News - Winter	39
Lymes' Senior Center	39
New Exhibition Opens at the Lyme Academy	
of Fine Arts: MONOCHROME	40
Heating Assistance	39

## Selectman's Corner... continued from page 3

has used it for over 300 years. In August, the Public Works Department used a flail mower to open up the access road leading to the water to improve public access to the water. We are concerned that the abutters continue to plant vegetation on the Landing and we hope this situation may be resolved amicably soon or things will become more polarized.

After months of discussion about whether the Tevis family could have a long-term agreement to ride horses on certain trails on the **Town's McCulloch Open Space** property, all have agreed that the family may ride horses on the property with no assurance that the Town might revoke that permission in the future. The issue is that, if the Town entered into an agreement with the family, the Town might lose its "municipal insurance immunity" – meaning that the Town is protected from lawsuits related to open space property if there are no agreements to use the property or any rents collected. In the end, the family is comfortable that permission for them or any other horse riders to use the McCulloch trails for riding will likely not be rescinded.

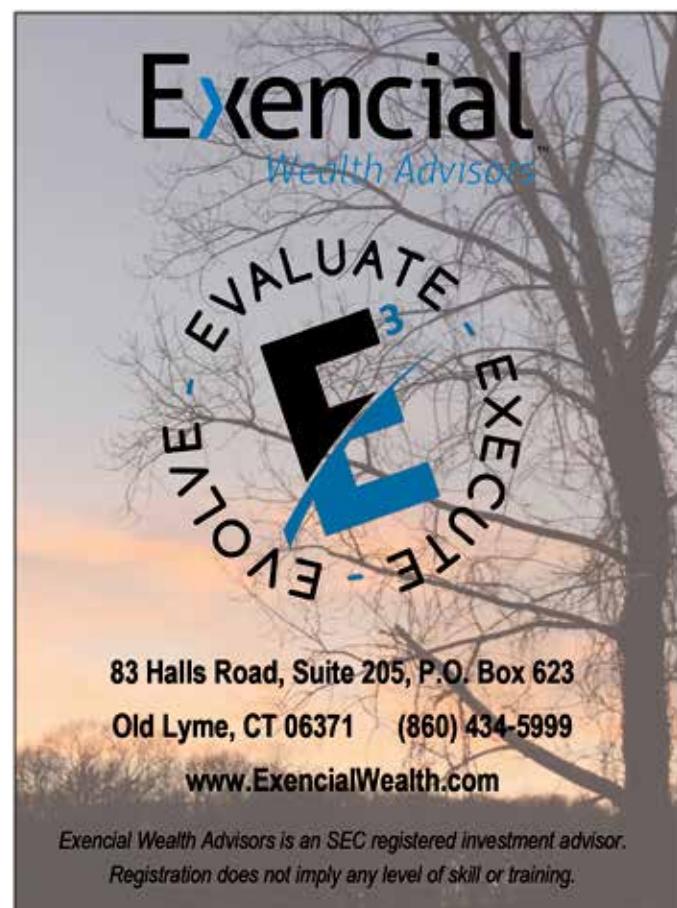
The **Shoreline Gateway Committee** developed a survey for residents and business owners to complete in an effort to obtain opinions on how they would like to see the area north of Rte. 156 from the Mile Creek to the Police Station developed in the future. About 1,100 survey responses were received and the Committee will analyze the information and present it to the public.

There was a Special Town meeting on 22 September for the purpose of approving four budget transfers within the fiscal year 2022 budget. Certain accounts exceeded their budgets and the voters were asked to approve the transfers. After the presentation, they did approve the transfers. All transfers were covered by underspending in other areas of the budget, so no appropriations from surplus were required.

**Regional District 18** conducted a referendum on November 8th (Election Day) to ask the District voters to approve the issuance of bonds in the total amount of \$57.5 million to replace/repair HVAC systems in 4 of the 5 school buildings, upgrade various code issues and add classroom space in the Mile Creek School. Lyme and Old Lyme registered voters and those owners of property valued at least \$1,000, who are not local voters, voted in the District referendum.

## Town Project Updates

**SOUND VIEW SIDEWALKS:** The sidewalk project (Hartford Ave. and Rte. 156) and the bus stop project are *continued on page 6*

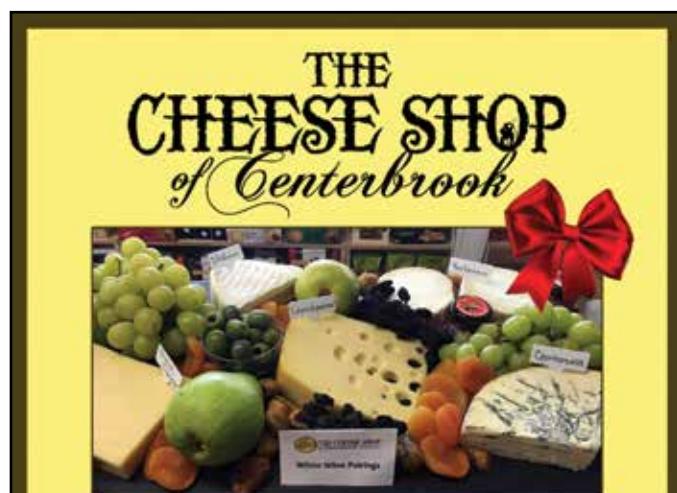


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## Selectman's Corner... continued from page 5

virtually complete, except for some punch list items. The Town is holding over \$18,000 of retainage to insure all remaining work will be completed.

**HALLS RD. IMPROVEMENT COMMITTEE:** The Committee has submitted the Village District Overlay Zone to the Zoning Commission for action before the end of the year. The Committee is also soliciting bids for the design of the Bow Bridge over the Lt. River and its approaches. The design work and related costs are estimated at \$172,000 and there is an American Rescue Plan Act grant of \$135,000 to offset the cost. The remaining \$37,000 would be funded by the Town or covered by other funding sources.

**SOUND VIEW SEWERS:** On August 27th, there was a public information meeting in the Middle School hosted by the three private beaches (Old Lyme Shores, Old Colony Beach and Miami Beach) and the Town of Old Lyme WPCA (Sound View Beach.) The total cost of the sewer projects for the beaches and the related storm water drainage systems and the repaving of the streets is forecast to be \$55 million. The current sources of funds (including from the three beaches and the Town plus the Clean Water Funds) are estimated to be about \$44 million, so the project is in need of at least \$11 million. Representatives from the beaches and the Town have

been actively pursuing grant opportunities from state and federal sources. We have talked with Congressman Courtney, Senators Blumenthal and Murphy and the Governor's Infrastructure representative Mark Boughton in search of additional funds.

**SENIOR CENTER BUILDING EXPANSION:** Our Architect, Point One Architects, has been working on the schematic design work for the expansion of the Senior Center. This process will take much of the year 2023 to complete. Once done, the estimated \$3.4 million project could go out to bid in the second half of 2023.

**GRASSY HILL RD. BRIDGE REPLACEMENT:** The Town's engineering firm, Jacobson Engineering of Chester, CT, submitted the Town's application to the Army Corps of Engineers for approval. Another task is to meet with the utility companies to decide on the relocation of the utility pole in the center of Grassy Hill Rd., where it joins Route 1, and its numerous electric, phone and cable wires. Once these tasks are complete, Jacobson can recalculate the probable cost estimate of the project and, if acceptable, the project could go out to bid. The actual construction of the replacement bridge would likely not occur until calendar year 2024.

*continued on page 8*



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## Selectman's Corner... continued from page 6

**FERRY RD. SIDEWALK REPLACEMENT:** The Committee is refining the cost estimates to replace the sidewalk on the north side of the street (where it is now) and hopes to put the project out to bid in the January/February 2023 timeframe. If the bids are acceptable (perhaps a big if,) the project could start in April and be completed in May of 2023.

**SWAN BROOK OUTLET:** Now that all the Town's American Rescue Plan Act ("ARPA") funds have been received, the work to repair of the wood crib at the end of the two 36-inch pipes at Long Island Sound may start. Machnik Brothers will replace the wood crib and the Town will hire a contractor to remove the sand blocking the western pipe, which has been blocked for many months.

Last, but not least, we bid farewell to the First Selectman's

Assistant Michelle Noehren, the Assistant to the Senior Center Director Cheryl Parsons and the last two of our Town Hall Greeters (Jessica Glantz and Suzanne Thompson.) We welcome Police Officer Stephen Hackett, who served as a Police Ranger in Sound View and who lives in Old Lyme with his wife and two children. We are actively recruiting a new First Selectman's Executive Assistant, a part-time Human Resource Generalist and an Assistant to the Director of the Lyme's Senior Center.

The autumn foliage has been lovely and the weather has been fairly cooperative. I hope you all have an enjoyable holiday season and a splendid New Year!

Timothy C. Griswold

First Selectman

## Assessors Office

### UPCOMING DATES

The following programs begin  
February 1, 2023.

### Elderly & Totally Disabled Tax Relief

In addition to meeting the income levels set by the State of Connecticut, applicants must be permanent residents of Old Lyme AS OF October 1, 2022, over 65 AS OF December 31, 2022 or meet the classification of totally disabled under the program guidelines. Application must be filed with the Assessor's Office between February 1 and May 15th 2023.

### Additional Veterans

Applicants must be a resident of Old

Lyme, the veteran's original copy of their Honorable Discharge (DD-214 Form) must be filed in the land records prior to October 1, qualify for the basic exemption and meet income limits set by the State of Connecticut.

For income qualified applicants, an application must be filed with the Assessor's Office between February 1 and October 1st. Exemption maybe applied to home, auto or personal property tax.

### Board of Assessment Appeals

Applications for the Board of Assessment Appeals will be available starting at the end of January. Applications must be filled out and returned the Assessor's

Office in its entirety on or before February 20th. The Board meets in the month of March dates to be determined.

### For Your Information

The Town of Old Lyme's MapGeo GIS is a great resource for property information. Search for parcel maps, view summary property record cards and create abutters lists. Visit: [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov) and follow the link GIS MAPPING.

### Questions?

Please contact us at 860-434-1605 x 218 or 219 or [Assessor@oldlyme-ct.gov](mailto:Assessor@oldlyme-ct.gov).

Melinda R. Kronfeld, CCMA II,  
Assessor

## Shop Local in Old Lyme



Please consider supporting our local economy and entrepreneurs by shopping local. Many of our small business owners overcame great odds to survive the challenges of the pandemic – curbside business,

increased supply costs, difficulty sourcing inventory, and trouble filling job vacancies were among the biggest challenges faced. These businesses have stayed the course and supporting them with our business will help them continue with the slow recovery process.

Consider [ExploreOldLyme.com/visit](http://ExploreOldLyme.com/visit) for a great list of Old Lyme shops and restaurants.

Wish you could give a loved one a holiday gift certificate to one of our summer businesses? Email the summer business or message them on social media and they just might accommodate you online. Having trouble finding the restaurant or shop's online presence? [ExploreOldLyme.com](http://ExploreOldLyme.com) has links to the many shops and restaurants in town, both seasonal and year-round.

Thank you from the Old Lyme Economic Development Commission!

# Affordable Housing Commission

A top priority for the Affordable Housing Commission (AHC) has been to prepare a state mandated five-year Affordable Housing Plan to *“specify how the municipality intends to increase the number of affordable housing developments in the municipality.”*

The AHC partnered with the Lower Connecticut River Valley Council of Governments (RiverCOG) to conduct regional and local housing studies and to prepare housing plans. The studies revealed a deep gap between the over 900 households in Old Lyme that could qualify for affordable housing and the 83 units of protected affordable housing in town. Two community workshops were held to share results of the studies and discuss a strategy and plan to close that gap.

The final Affordable Housing Plan for Old Lyme was adopted by the Board of Selectmen in May 2022. The AHC is now working on proposals for regulatory changes and incentives to promote affordable housing development, focusing on accessory apartments to serve seniors and small households, naturally affordable “starter” homes, and “missing middle”

housing. Residents are encouraged to read the plan, view the workshop materials, and explore the supporting data available at: <https://www.oldlyme-ct.gov/affordable-housing-commission>.

Another top priority for the AHC is to find a path to build two affordable homes on designated building envelopes purchased through the McCulloch Family Open Space acquisition in 2019. Site testing was performed through the Open Space Commission in 2021, and the AHC was awarded a \$150,000 ARPA grant in 2022 to support a building project. Planning for this project will continue in 2022-23.



Finally, the AHC now has full membership with the appointments of alternate members Laurie Walker and Anthony Vasilou.

Regular public AHC meetings are held on the third Wednesday of each month at 5:00 pm. Meetings are recorded and the recordings are posted on the town website at: [oldlyme-ct.gov](http://oldlyme-ct.gov).



## Season's Greetings

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## Visiting Nurse Association

The Old Lyme Visiting Nurse Association held its third Drive-Through Flu Clinic on October 22, 2022 at the Lyme-Old Lyme High School. This event was a great success thanks to the expert work of the Medical Reserve Corps, Ledge Light Health District, the Old Lyme Fire Department and Old Lyme Emergency Management. We administered 289 influenza vaccines.

The Old Lyme Visiting Nurse Association and the Mary Hubbard Noyes Scholarship Fund award scholarships each spring to graduating high school seniors who intend to study healthcare. The evaluation process begins in late January. Seniors who wish to apply for this scholarship should contact their guidance counselors.

Town Nurse Denise Piersa continues to hold office hours at the Lymes' Senior Center on weekdays from 11:00 am to 1:00 pm. There are no charges for town nurse visits. For residents who are sick or convalescing at home, Nurse Piersa can make monthly house calls for health assessment and promotion. She can also coordinate skilled care (paid for by Medicare/Medicaid/ private insurance.) The Town Nurse telephone number is 860-434-7808.

For more information about the Old Lyme Visiting Nurse Association, our programs and hours, please check out our website at: <https://www.oldlymevna.org/>.

## The Woman's Exchange of Old Lyme - Lyme Tree



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This absolutely stunning waterfront home boasts breathtaking water views with direct frontage on the Connecticut River. The open dining and living area features a stone fireplace and floor-to-ceiling windows to take full advantage of the stunning views. Outside, enjoy the covered deck, the extensive patio, the new heated in-ground pool and spa, and the outdoor kitchen. At the water's edge, there is a brand new floating dock.



### 21 ROCCO DRIVE EAST LYME

**\$5,950,000 | 6 Bedrooms | 4 1/2 Baths | 7,102 Square Feet | .449 Acres**

No detail was missed during this build of this stunning home, including full mechanical control with a touch of your smartphone. The show-stopper of the main floor is the custom-built lighted Belgium glass bar with a stunning temperature-controlled wine display. Inside and outside flow seamlessly with numerous large floor-to-ceiling windows and natural materials throughout. Outside, enjoy the heated Olympic sized pool and hot tub.



### 91 SERGIO FRANCHI DRIVE STONINGTON

**\$9,950,000 | 7 Bedrooms | 5 1/2 Baths | 6,300 Square Feet | 201.4 Acres**

The glorious 200+ acre estate of world-renowned tenor, Sergio Franchi, is the very essence of warmth, charm, and elegance. The property includes four guest cottages, a studio, a silo, and a chapel. The formal dining room of the main house features stained glass windows and hand painted wallpaper. The large sunroom boasts an interior pool, and there is an expansive slate patio perfect for al fresco entertaining.

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# **Halls Road Improvements Committee**

## **COMMUNITY UPDATE**

**The Halls Road Improvements Committee (HRIC) is making headway toward a new Halls Road:**

**1. In July 2022 funding was awarded to HRIC for the formal survey and design work required for the bridge and trails, through the Community Initiatives Grant, a part of the town-administered American Rescue Plan.**

Requests for Proposals have been posted to design firms to produce design documentation for the pedestrian bridge and associated trails. Once these drawings are created they will be used for grant applications for the implementation of the design. The HRIC will be working with two experienced grant writer volunteers to seek grants and create the proposals to fund this project. The design documentation will also show the location of the pedestrian bridge and identify any easements needed for the town to secure.

**2. The BSC Group has put together the town's application for the Local Transportation Capital Improvement Program (LOTCIP) grant, which was submitted in September 2022. This state-run grant is the first opportunity for the town to present its planned roadway improvements to the CT DOT for their formal approval. The application covers the planned improvements to sidewalks, bike lanes, landscaping, lighting, and crosswalks along Halls Road. The LOTCIP grant could provide a substantial part of the construction costs of these right-of-way improvements. It is not expected to cover the costs of the new pedestrian- and cyclist-bridge across the Lieutenant, or the trails leading to and from it. (see item 1)**

**3. New zoning for a mixed-use overlay district was submitted to the Zoning Commission and recognized as received at the commissions October 11, 2022 meeting. The Halls Road Overlay District will allow property owners the option to create mixed-use (commercial and residential) development and bring retail up to Halls Road. The overlay district provides an incentive for owners to create the walkable, browse-able new town center envisioned in the Master Plan, while leaving the legacy C30-S zoning unchanged.**

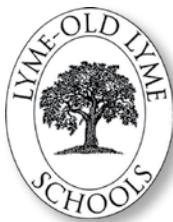


**The HRIC welcomes your interest and comments at:**

**Hallsroadcommittee@oldlyme-ct.gov** You can find more information about the project on the town site at: [www.oldlyme-ct.gov/halls-road-improvements-committee](http://www.oldlyme-ct.gov/halls-road-improvements-committee)



# 3D Printing in Our Schools



As 3D printers have become more affordable, they are finding applications in schools offering engaging new ways to learn. 3D printing is a process of making three dimensional solid objects from a digital file. A 3D printer adds layer upon layer of material to build an object, but only where it's needed. In many ways, it is the opposite of traditional "machining" methods, which entail cutting or hollowing out materials to achieve a desired shape.



Game pieces printed using a 3D printer.

## At LOL Middle School,

technology education students use 3D printers as part of a project to design a board game. Students create a concept for a game and design parts including the game board, 32 different cards, and game pieces. The game pieces are printed on a 3D printer.

## At LOL High School,

a variety of 3D printers are used in engineering classes, including Electric Vehicle Design, and by the award-winning robotics team. Students can design a 3D CAD model, print an inexpensive prototype, refine the design as needed, and create a functional part. Designing in CAD and then printing allows for a high level of customization. Students even design objects to help repair items around the school, such as a hinge to repair the popcorn maker!



Cast models printed for student use in art class.

expensive (and heavy) several students share one during class. 3D printing allows each student to have their own cast model in front of them while working in class.

William Allik, an art teacher at the high school, spent the summer printing 3D cast models to be used in class. Typically, casts are made of fiberglass or plaster. As these objects are

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# Old Lyme Ambulance - Naloxone Leave-Behind Kits



Due to the unfortunate rise in opioid overdoses, the Old Lyme Ambulance has formed an important new partnership with Ledge Light Health District, the local health department serving New London and surrounding communities.

Opioid use is not only limited to "street drugs" such as heroin, but there are also synthetic opioids such as fentanyl and pain relievers available legally by prescription including oxycodone, hydrocodone, codeine, morphine, and many others.

Initially, naloxone, a medicine that rapidly reverses an opioid overdose, could only be obtained at a pharmacy. But, with the reality that overdoses continue to occur, saturating the community with naloxone kits is an important step toward saving lives.

For every overdose emergency, Old

Lyme Ambulance not only administers naloxone to patients and encourages ER transportation, but Ledge Light Health District has also provided us with a Naloxone Leave-Behind kit for the families or friends of patients. Each kit contains a standard naloxone dose, instruction card for naloxone use, CPR face shield, and pamphlets on Opioid Overdose First Aid and Recovery.



If you are interested in obtaining a Naloxone Kit, you can contact Alliance for the Living, another Ledge Light partner. Their NLC Cares navigator line can be reached at 860-333-3494. They also provide access to recovery and support systems for individuals living with substance use disorder and their families.

If you are interested in joining our team at Old Lyme Ambulance, call 860-434-0089 or visit [www.olems.org](http://www.olems.org). No experience is required!

Doris Coleman, EMT

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401 Joshuatown Road, Lyme List Price \$1,995,000

## SOLD IN LYME & OLD LYME IN THE LAST 18 MONTHS

### SOLD IN 6 DAYS



15 Meetinghouse Lane, Old Lyme List Price \$1,495,000

### SOLD ON SILL LANE



26 Sill Lane, Old Lyme List Price \$1,150,000

### SOLD IN 3 DAYS



3 White Farm Lane, Old Lyme List Price \$825,000

### SOLD UNCAS LAKE



116-6 Blood Street, Lyme List Price \$599,000

### SOLD IN LYME



15 Honey Hill Lane, Lyme List Price \$335,000

### SOLD IN 6 DAYS



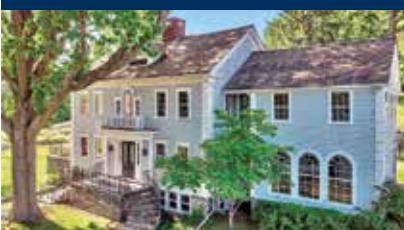
139 Hamburg Road, Lyme List Price \$849,000

### SOLD IN 10 DAYS



14 Duchess Dr, Old Lyme List Price \$495,000

### UNDER CONTRACT IN 6 DAYS



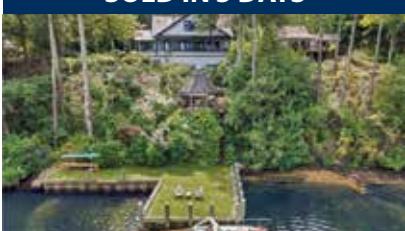
433 Joshuatown Rd, Lyme List Price \$1,850,000

### LISTED & SOLD



67 Ferry Rd, Lyme List Price \$1,250,000

### SOLD IN 5 DAYS



7 Oakland Ave, Lyme List Price \$1,490,000



\*Based on MLS data  
1/1/2017-12/31/2021

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**#1 AGENT IN SALES VOLUME**  
**IN LYME & OLD LYME**  
**2017 - 2021\***

[jodi.strycharz@cbmoves.com](mailto:jodi.strycharz@cbmoves.com)

**860-884-3011**



# Duck River Garden Club Wins Awards



Duck River Garden Club of Old Lyme has received multiple awards from Federated Garden Clubs of Connecticut for the club's civic beautification, youth outreach and invasive plants control and planting of pollinator-supporting gardens over the past year.

The Old Lyme club, which has won multiple awards in previous years, too, was presented the following awards at the state-wide federation's annual awards meeting at Aqua Turf Country Club in October:

## **FGCCT Award of Excellence, Medium club (30-59 members)**

For weekly flower arrangements to town library, maintained 8 town civic beautification sites, including redesigned McCurdy Road site, made 23 holiday wreaths & 4 greens pillows for town & school buildings and 100 Tussy-Mussies to Bride Brook Rehabilitation Hospital residents.

## **Luckner Youth Awards**

For the club's multiple community activities with youth in 2021-22 – making Tussy-Mussies at Dec Lyme Art Academy



DRGC members accept the club's awards at Federated Garden Clubs of Connecticut annual awards luncheon in October. Standing, left to right, Leslie Groves, Pam Vasilou, Petie Reed, Barbara Rayel, Suzanne Thompson; seated: Linda Clough, Bev Lewis, Karen Geisler.

Tree Lighting, Family Day seed planting display at Roger Tory Peterson Estuary Center in May, June Pollinator Month display at Phoebe Griffin Noyes Library.

## **National Garden Clubs Certificate of Commendation for Social Media / Website**

National recognition for the club's public Facebook page, which includes photos of floral arrangements by club

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members at the Phoebe Griffin Noyes Library, the club's private Facebook page for members, and the club's website at: [www.oldlymeduckrivergc.org](http://www.oldlymeduckrivergc.org).



Two club members also received individual awards for their efforts: Suzanne Thompson and Petie Reed for Nix the Knotweed campaign to control this invasive plant at multiple town and non-profit organization sites around town and for leading the redesign and replanting of the McCurdy Road / Route 156 flower bed that is being converted to a Pollinator Pathway garden.

DRCG holds multiple educational programs throughout the year, free and open to the public. Next speakers are Feb. 22, March 22 and April 26, 7:00 pm, Old Lyme Memorial Town Hall. Watch for details in the next Events Magazine, local media, the club's Facebook page or call Karen Geisler at: 203-631-4869.

## The Old Lyme Town Band



Sounds of the holiday season will fill the auditorium at The Katherine Hepburn Performing Arts Center (The Kate) in Old Saybrook on Wednesday, December 14th at 7:00 pm. Join us for our traditional holiday concert featuring selections such as: Jingle Bells Fantasy, The Christmas Song, Lo-How a Rose E'er Blooming, Festive Sounds of Hannukah, Christmas from the 50's, and Sleigh Ride. Children will also enjoy A Home Alone Christmas, Rudolph the Red-Nosed Reindeer, and Here Comes Santa Claus. (*Tickets will be required for this event, so you must contact the box office in person or online.*)

If you play an instrument, we would love to have you join our group. The OL TB welcomes players of all ages, from the surrounding towns. No audition is necessary. Our rehearsals are held on Monday evenings from 7:00 - 9:00 pm at Christ the King Church in Old Lyme.

**For more information contact:** Ann Lander at: 860-434-2671, [landeral15@yahoo.com](mailto:landeral15@yahoo.com). Please check Old Lyme Town Band.com on our website or follow us on Facebook. Let's make music together for all to enjoy!

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### Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectmen	Timothy Griswold	434-1605 x211
Board of Selectmen	Matt Ward	434-1605 x212
Board of Selectmen	Martha Shoemaker	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
 Parks and Recreation	 Don Bugbee	 434-1605 x235
Police		434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marylin Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Michael Reiter	434-1605 x232
Zoning Enforcement	Eric Knapp	434-1605 x225
<i>OTHER AGENCIES</i>		
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

## Old Lyme - Community Listings

### USEFUL NUMBERS

CAMP CLAIRE .....	(860) 434-0368
CONSUMER PROTECTION .....	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU.....	(860) 434-7208
SENIOR CENTER.....	(860) 434-1605 x240
OLD LYME VISITING NURSE .....	(860) 434-7808
OLD LYME HISTORICAL SOCIETY .....	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB .....	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE .....	(860) 434-2271
REPUBLICAN TOWN COMMITTEE.....	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS –	
LYMES' POST 1467 .....	(860) 434-4207
AMERICAN LEGION – POST 41.....	(860) 664-0047

### SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL .....	(860) 434-7838
MIDDLE SCHOOL .....	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL.....	(860) 434-1651
LYME CONSOLIDATED SCHOOL .....	(860) 434-1233
MULTICULTURAL MAGNET (NEW LONDON).....	(860) 437-7775

### COLLEGES

LYME ACADEMY OF FINE ARTS .....	(860) 434-5232
---------------------------------	----------------

## Trash and Recycling

CURBSIDE TRASH REMOVAL IS PERFORMED  
BY CWPM, 860-447-1473.

**There is no trash pick-up on the following Holidays:**  
Christmas (Dec. 25,) New Year's (Jan. 1,) Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving will be picked up the next day (Friday,) and regular Friday pickup will be picked up on Saturday. Please be advised that CWPM DOES NOT take off the same holidays as the Town does.

**Please have trash container out at curbside by 6:00 am on your assigned day.** Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with any additional trash removal questions that you may have.

**Single stream curbside recycling pick-up** is provided for clean bottles, cans, plastics and paper products co-mingled in the green recycling carts every week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website at: [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov) - click the trash and recycling link. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

CURBSIDE RECYCLING IS PERFORMED EVERY WEEK  
BY CWPM , 860-447-1473.

**There is no recycling pick-up on the following Holidays:**  
Christmas Day (Dec. 25,) New Year's (Jan. 01,) Memorial Day (last Monday in May,) July 4th, Labor Day (first Monday in Sept.,) and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving will be picked up the next day (Friday,) and regular Friday pickup will be picked up on Saturday. Recycling information is available on the Town's website at: [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov), as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes at: 860-434-1605, ext. 212 with additional questions you may have.

**Additional automated trash and recycling containers** should be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address

on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

## Transfer Station Information

### TRANSFER STATION/LANDFILL HOURS

The Transfer Station is located on Four Mile River Road and is open Tuesday - Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker should bring proof of property address (i.e., tax bill, mortgage statement or closing papers,) along with a driver's license and registration.

**Electronics are now accepted at the Transfer Station:** Residents can bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, mid-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

**Recycling Area:** No fees for the following items (with windshield sticker.)

\*Waste Oil \*Motor vehicle batteries \*Small appliances (no freon) \*Mattress & box springs \*Covered and non-covered electronic devices \*Fluorescent light bulbs \* UPS (uninterrupted power supply) batteries, and related computer and electronic equipment.

### FEES APPLY FOR THE FOLLOWING:

**Tires:** Auto w/no rim \$3 each, Auto w/rim \$4 each, Light Truck \$5 each, Heavy Truck/Race Car \$13 each, Construction Equipment \$100 per tire. *No Retail or Wholesale Tire Outlets.*

**Upholstered furniture:** Large \$10 per item, Small \$5 per item; Carpet 8x10+ \$10 per item; 8x10 or less \$5 per item; Appliances with Freon: \$10 each, Propane tanks: less than 20 pounds \$1; tanks 20 pounds (grill size) \$3, less than 20 pounds \$20 each.

**Bulky Waste and Demolition:** Vehicles will be charged by weight at 6 cents per pound or \$120 per ton. Loads less than 100 lbs. are charged a minimum fee of \$5. Recyclables should not be mixed in the same load with Bulky Waste or Demolition Debris.

**Brush is charged on a per load basis** with a \$5 minimum, 2 cents per pound or \$40 per ton. No wood or limbs thicker than four inches are accepted.

**Grass clippings are not allowed** at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

**Leaves:** No commercial leaf disposal is allowed; minimum charge is \$5; Pickup truck or small trailer charge is \$15; larger vehicles/trailers - Charge determined by Town personnel. *Resident must empty and remove paper or plastic bags.*



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# A Guide to Recycling

## No Plastic Bags Allowed

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be empty, rinsed, clean and open. Do not shred, box, bag or bundle. To learn more, go to: RecycleCT.com.

## Remember: NEW Additional Items - What's In & What's Out

### What's IN?

#### Paper

Cardboard & boxboard  
Food & beverage cartons  
Junk mail  
Magazines & newspaper inserts  
Newsprint  
Office paper  
Pizza boxes

#### Glass

Beverage bottles & jars  
Food bottles & jars



#### Metal

Aerosol containers (food grade only)  
Aluminum foil  
Cans & bottles  
Foil containers  
Metal lids from cans & bottles

#### Plastic

Plastic bottles (with or without caps attached)  
Plastic containers, tubs & lids  
Plastic one-use cups (no lids, no straws)

### What's OUT?

#### Paper

Gift wrap & gift bags  
Ice cream containers  
Paper cups (hot & cold)  
Shredded paper  
Take-out food containers  
Tissue paper

#### Glass

Ceramic mugs & plates  
Drinking glasses

#### Metal

Aerosol containers (deodorizers, cleaners, pesticides, etc.)

Foil tops from yogurt containers

Paint cans

Pots & pans

Small pieces of scrap metal  
Spiral wound containers

#### Plastic

Loose bottle caps  
Plastic bags & wrap  
Plastic plates, bowls & utensils  
Prescription bottles  
Single-use coffee containers  
Styrofoam cups, containers & packaging peanuts  
Water filters



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# Town Clerk's Office

Vicki Urbowicz, Town Clerk,  
Courtney C. Joy, Assistant Town Clerk

## Congratulations!

We congratulate the following on their recent marriages:

### July

Benjamin Eli Miller & Elizabeth Rachel Aberbach  
Gese Israel Rodriguez-Cruz & Milvia Azucena Vasquez Martinez  
Luigi DiMauro & Kitty Sue Bouchard  
Augusto Tellis Clari & Kaitlyn Nicole Dana  
Joseph Henry Rhodes, IV & Caitlin Eileen Quinn  
Ryan Davis & Nancy Conklyn Haff  
Tom Gordon Jenkins & Joyce Maguire Atcheson  
James John Stupak & Katherine Mary Hofmann  
Gordon Miles Worley, Jr. & Diane Lucille Mello  
Philip Jon Wertheim & Lisa Ann Sweeney  
Rolando Rivera & Brianna Renee Knight  
Patrick Andrew Coley & Sarah Ashley Aimone

### August

Thomas Parker Wheeler & Mary Kathleen Peters  
Christiam Alfredo Garcia Cuela & Orsolya Varga  
Erik Severo Laroco & Jessica Adriana Videll  
Matthew Herbert Sabilia & Noel Catherine Brown  
Mark Logan Suchin & Hayley Morgan Love  
Jeremy Frank Orloski & Ariella Nicole Sparr  
Erick Brian Cushman & Tina Marie Bergeron  
Alexander James Behzad & Vivian Sandra Vigliotti  
Matthew McLean Haas & Brendan Michael Garvey  
Jonathan Edward Goulart & Taliya Anna Lantsman

### September

Benjamin Ari Mason & Amythest Rose Hamby  
David Alan Wood, Jr. & Caroline Anna Elizabeth Griswold  
Christopher Joseph Laffin & Madeline Julia McDermott  
Benjamin Harper Williams & Sarah Ann Cuccio Peck  
Jeremy Walsh McDonald & Kendall Daley Jerzyk  
Nicholas Philip Chiotellis & Adrien Pierrette Broom  
William Dennis Kiley & Lynne Lundell Ball  
Eric Jon Green & Miranda Nichole Head  
Dean Anthony Demers, Jr. & Anna Grace DeSimone  
Colin Steven Walter & Julia Piper Peterson  
Nicholas Robert Lasko & Jordan Elizabeth McCorison  
Christopher Andrew O'Brien & Katherine Ann Jolin  
Jonah Alexander Capp & Holly Angeline Bonfoey

## With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

### July

Mary Looney  
Donald Shaub  
Gregory Stuart Curtis  
Mary Finley  
Gerald Karpuska, Jr.  
Patricia Ann Moody  
Ethel August Chatkin  
Robert James Staab

### September

Robert Charles James Anderson  
Sandra R. Auerbach  
Marc Guy Langlois  
Robert Curtis Recor  
Janet Sperzel Funke  
Cecile Behlers Schoales  
Carmine C. Cancro  
David Gregory Wingard  
Kathryn Hayes Feakins

### August

Robert Ware Middleton  
Richard L. Reece





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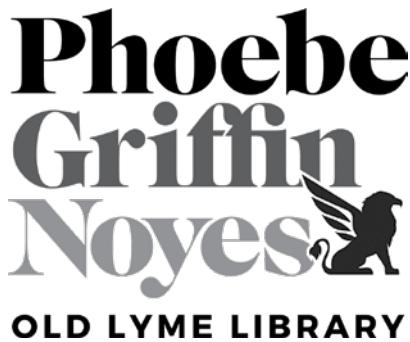
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2 Library Lane, Old Lyme, CT 06371,  
860-434-1684  
[oldlymeliibrary.org](http://oldlymeliibrary.org)

From developing fun, interactive story times for kids to hand-delivering books to homebound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow. Below is a listing of upcoming events at the Library. All events will be in person unless otherwise noted and some require registration. Please visit [oldlymeliibrary.org](http://oldlymeliibrary.org) for complete details and to sign up.

## Save the Date

**Family Mini Golf at the Library:** Saturday, 2/18, all day

## Children's Events

**Julie Bartley/Children's Librarian**  
[jbartley@oldlymeliibrary.org](mailto:jbartley@oldlymeliibrary.org) | 860.434.1684

### CHILDREN'S STORY TIME (all ages)

Tuesdays, 11:00 am, 11/15-12/20 & 1/17-2/21

### PHOEBE'S WEE READERS BABY PLAYGROUP (infants to 3)

Thursdays, 11:00 am, 11/17-12/22 & 1/19-2/23

### JINGLE BELL YOGA FOR CHILDREN

online on demand in December

### MUSIC WITH MARGIE - Winter Wonderland!

Wednesday, 5:30 pm, 12/7, (snow date 12/14)

### LUNAR NEW YEAR PROGRAM FOR FAMILIES

Monday, 5:30 pm, 1/30

### TAKE YOUR CHILD TO THE LIBRARY DAY

- A Book Tasting Party!

Thursday, 11:00 am - 6:00 pm, 2/23

## Teen Events & Activities

**Nike Desis / Young Adult Librarian**  
[ndesis@oldlymeliibrary.org](mailto:ndesis@oldlymeliibrary.org) | 860-434-1684

### VOLUNTEERS

Looking for a place to volunteer? The Teen Department is currently accepting new volunteers in grades 8 and up! Visit us at: [oldlyme.library.org/tlcapp/](http://oldlyme.library.org/tlcapp/) to apply.

### RETRO TECH

Tuesdays, 2:30 - 4:00 pm, 12/6, 12/13, & 12/20

### MIDTERM EXAM WEEK

Extended Library Hours for High Schoolers  
Wednesday, 7:00 - 9:00 pm, 1/11 & Thursday, 1/12

## MAYAN CALENDAR & BLOCK PRINTING WORKSHOP

Wednesday, 2:30 - 4:00 pm, 1/25

## TAKE YOUR CHILD TO THE LIBRARY DAY

- A Book Tasting Party!

Thursday, 11:00 am - 6:00 pm, 2/23

## Adult Events

**Linda Alexander/ Public Services Manager**  
[lalexander@oldlymeliibrary.org](mailto:lalexander@oldlymeliibrary.org) | 860.434.1684

### CONTEMPORARY CLASSICS BOOK DISCUSSION

- via Zoom

Monday, 12/5 & Wednesday, 2/1, 7:00 pm

### PHOEBE'S MORNING BOOK CHAT

Thursdays, 12/8, 1/12, 2/10, 11 am

### ALL ABOUT OWLS

with The Roger Tory Peterson Estuary Center  
Wednesday, 6:30 pm, 1/11

### SIX MONTHS SAILING AROUND WORLD

### HER MAJESTY QUEEN ELIZABETH II

Wednesday, 6:30 pm, 1/25

### WATER RESOURCES 101

- Connecting Water to Land with Denise Savageau  
Wednesday, 6:30 pm, 2/22

### PHOEBE'S MORNING MEDITATION

Weekly on Fridays at 10:00 am

## Phoebe's BookCellar

The BookCellar is a highly successful used bookstore - Old Lyme's only bookstore - managed by the volunteer Friends of the Library and housed on the Old Lyme Library's lower level.

### REGULAR BOOKCELLAR HOURS ARE:

Wednesdays 10:00 am - 4:00 pm and Saturdays 9:00 am - 1:00 pm. Stop in to shop, drop off book donations, or become a volunteer. All proceeds benefit the Library.

## Do I Need a Lawyer for Probate?

A common question asked at the Probate Court is, "Do I need a lawyer for probate?" The short answer is no. That being said, however, below are some factors that may cause you to consider hiring a lawyer to navigate the probate process:

1. There is any sort of litigation involved, such as a Will contest.
2. The decedent owned many complex and highly valued assets.
3. The decedent has a Connecticut taxable estate (\$7.1 million in 2021 and \$9.1 million in 2022).
4. You feel overwhelmed by the prospect of navigating the probate process on your own.
5. You are in the midst of your own life challenges and do not have the time to devote to probating an estate.
6. You live out of state, you are unable to easily travel to Connecticut, and the decedent owns real property in Connecticut which needs to be cleaned out and sold.
7. You do not like filling out paperwork, reading/following instructions, or doing math. For example, if you hire an accountant to file your income taxes for any of those reasons, this may be a good indicator that you would prefer to work with an attorney for probate.
8. The beneficiaries of the estate are fighting.
9. You need more guidance than the probate clerks can give

*(they cannot give legal advice.)*

If you do hire a lawyer to assist you with the probate process, select an attorney with a lot of experience in this area of the law, just as you would select a cardiologist to assist you with medical issues concerning your heart. Also, define the assistance you would like to have (help with a particular form or assistance with the entire process), and receive a written engagement letter from the attorney you select which will define the fees to be charged.



Judge Jeannine Lewis,  
Saybrook District Probate Court.  
Photo courtesy  
Laura Matesky Photography.

Finally, if you decide to proceed without a lawyer and are feeling overwhelmed, don't be afraid to ask the court for help. We are sensitive to your loss, and we are devoted to helping you navigate the probate process.

  
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# Upcoming Events at the Lyme Library

To register for Lyme Library events, email: [programreg@lymepl.org](mailto:programreg@lymepl.org)

## Wildlife and Connecticut's Changing Landscape

with Paul Colburn

Tuesday, December 6, 6:30 pm

Lyme Public Library's Program Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register for the event

Paul Colburn, Master Wildlife Conservationist, will be appearing at the Lyme Public Library to discuss wildlife in Connecticut.



## Celtic Holiday Concert

with Jeff Snow

Thursday, December 8, 6:00 pm

Lyme Public Library's Program Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register for the event. A multi-talented musician, Jeff Snow will be appearing at the Lyme Library to perform traditional music and stories from Scotland, England, and Ireland.

## Lyme Public Library Cookbook Club

Saturday, December 10, 1:00 pm

Lyme Public Library's Program Room

Every month the Lyme Public Library will be hosting a cookbook club where the participants will be using recipes from a particular cookbook.

## THIS MONTH'S THEME: Hors d' oeuvres

### Holiday Celebrations in Connecticut with Caryn Davis

Saturday, December 10, 4:00 pm

Lyme Public Library's Program Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register for the event

Join us for a warm and wonderful presentation by local resident, author and photographer Caryn B Davis which celebrates classic New England holiday traditions.

## Shell & Bee Studio Art Class Series: After-School Art

Tuesday, December 13, 4:00 pm

Tuesday, January 10, 4:00 pm

Lyme Library Community Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register

Join Ms. Chelbi Wade as she leads a fun and creative after-school art class for elementary school students grades 1-5. Children under the age of 12 must be accompanied by a caregiver.



## Shell & Bee Studio Art Class Series: Open Studio

Tuesday, December 13, 5:15 pm

Tuesday, January 10, 5:15 pm

Lyme Library Community Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register

Enjoy creating with Ms. Chelbi Wade of Shell & Bee Studio as she leads an Open Studio class for young adult students in grades 6-12.

## Lyme Public Library Racial Equity Book Club

Wednesday, December 14, 6:30 pm

Location: Zoom

To receive the Zoom meeting invitation, register at: [programreg@lymepl.org](mailto:programreg@lymepl.org). The Lyme Public Library's Racial Equity Book Club will be focusing each month on a book about race relations in the United States.



Wednesday, January 4, 6:30 pm

### This month's book is:

*"Our Beloved Kin: A New History of King Philip's War"*

by Lisa Brooks

Special guest Madeleine Hutchins is a Mohegan storyteller and scholar at Yale University. During this presentation she will be discussing the impact of King Phillip's War on the indigenous peoples of the area.

Wednesday, February 1, 6:30 pm

### This month's book is:

*"Non-Violent Communication"* by Marshall Rosenberg.

Special guest Dr. Wendy Hurwitz will be speaking on exploring approaches to conflict and non-violent conflict resolution.

## Yoga and Meditation with Joan Fisler of Red Barn Yoga

Friday, December 16, 10:30 am

Friday, December 30, 10:30 am

Lyme Library Community Room

To register email [programreg@lymepl.org](mailto:programreg@lymepl.org).



Walk-ins welcome. \$10.00 per class paid to the instructor at the door. Participants should bring

yoga mats if they have them, but a limited

number of mats will be made available. Experience with yoga and meditation is not necessary.

## As the Page Turns

### Lyme Library / Lyme Senior Center Book Club

Friday, December 16, 1:00 pm

Friday, January 20, 1:00 pm

Lyme Public Library-Community Room

The selected book for the month can be picked up at the Lyme Public Library circulation desk.

December's meeting will include a special guest appearance by author Luanne Rice. The book is: *"The Geometry of Sisters"* by Luanne Rice.

## Tips For Increasing Happiness:

### Raising Your Happiness Setpoint with Dr. Wendy Hurwitz

Saturday, December 17, 2:00 pm

Lyme Library Community Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register

Did you know that researchers have found that every person has an individual baseline of happiness? Come learn tips and techniques to raise your happiness setpoint and enhance well-being.

**National Holocaust Remembrance Day Special Event with Aya Marczyk from the Fortunoff Video Archive for Holocaust Testimonies of Yale University**

Thursday, January 26, 6:00 pm

Lyme Library Community Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register

The Lyme Library is honored to welcome Aya Marczyk of the Yale University Fortunoff Video Archive for Holocaust Testimonies. Ms. Marczyk will present a few of the video testimonies of Holocaust survivors which the archive has been collecting from across the globe for more than 3 decades.

**Around the World in 80 Beers with Em Sauter**

Thursday, February 16, 6:00 pm

Lyme Library Community Room

Email [programreg@lymepl.org](mailto:programreg@lymepl.org) to register

Join Advanced Cicerone Em Sauter for a fun and tasty presentation on the world of beer. Em will also be bringing along free samples from Fox Farm Brewery of Salem CT. Attendees to this event must be 21 years of age or older.



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## Streetlights

### REPORTING STREETLIGHT PROBLEMS

When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to the following link: [https://tankolighting.com/oldlyme\\_maintenance/](https://tankolighting.com/oldlyme_maintenance/).

The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!



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#### **COUNSELING SERVICES FOR L / OL YOUTH**

LYSB provides support and therapy for youth and adolescents in a warm, welcoming, judgment-free zone.

Our counselors help strengthen family functioning, and support children and families working through life's challenges, including stress, peer pressure, divorce, emotional and behavioral issues, anxiety, grief, substance abuse, depression, anger management, chronic illness or disabilities, trauma, and life transitions. Clients are charged fees on a sliding scale. All inquiries are confidential. Contact LYSB at: 860-434-7208.

#### **LYME-OLD LYME PREVENTION COALITION**

Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities.

Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting for new information and an opportunity to build a safer community for our youth. Meetings are virtual on ZOOM with the dates / times available on our website at: [www.lysb.org/prevention](http://www.lysb.org/prevention).

#### **LYME-OLD LYME: In It Together Podcast**

The Lyme / Old Lyme: In it Together Podcast is a joint project between LYSB and the L/OL Prevention Coalition with topics about raising healthy families. Co-hosted by Alli Behnke, MSW, Gavin Lodge, and LOLHS youth, we discuss parenting, substance use, prevention, raising families in CT, collaborating as a community, etc. Find us at: [www.lysb.org/podcast](http://www.lysb.org/podcast) to follow us on platforms including: Stitcher, Apple Podcast, and Spotify.

#### **PLAYGROUPS!!! at Lymes' Youth Service Bureau**

**Started in September. Too many to list here!**

- Pre-PreSchool Playgroup
- Sensory Playgroup
- Music with Mallory
- Fun With Ones
- Out & About Field Trips
- Babies Group & Infant Massage



LYSB offers a variety of playgroups based on child's age and

interest. For a full description of our groups visit our website at: [www.lysb.org](http://www.lysb.org). LYSB is always looking for new facilitators for playgroups. Let us know if you're interested!

#### **YOUTH ADVISORY COUNCIL (YAC)**

**Every Wednesday 7:00 - 8:00 pm**

YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us, fun is guaranteed! Register at: [www.lysb.org](http://www.lysb.org).

#### **MIDDLE SCHOOL AFTERSCHOOL PROGRAM**

**Every Tuesday & Thursday 2:15 - 4:00 pm, at LYSB**

This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$50 / year. Register online at: [www.lysb.org](http://www.lysb.org).

#### **ELEMENTARY AFTER SCHOOL CLUB (Grades 2-5)**

**Every Wednesday 3:30 - 5:30 pm**

Come to the LYSB Etherington Activity Center to hang out with your friends and participate in a variety of fun activities. We'll do arts and crafts projects as well as play basketball, Wii, and much more! Snacks and refreshments are provided. Students from Mile Creek and Lyme Schools will take the bus directly to LYSB. Space is very limited. Fee: \$150 / year. To register online visit us at: [www.lysb.org](http://www.lysb.org).

#### **LYSB HOLIDAY PARTIES**

**Sunday, December 4th, 5:00 - 7:00 pm**

LYSB's annual fundraiser that brings neighbors together to celebrate the beginning of the holiday season while raising funds for our holiday giving program.



30 simultaneous parties throughout Lyme and Old Lyme are now being planned and we want to make sure you get an invitation.

If you are interested in hosting a party, or adding your name to the invite list, please contact us at: 860-434-7208 x 0.

## An Honor to Serve

For the last 8 years I have been deeply blessed, grateful, and proud to serve as your state Senator, representing you at the State Capitol. In January, I retire from the Senate and will move into the next season of my life, spending more time with family, loved ones, grandchildren, and my family business.

It has been an immeasurable gift to have the opportunity to share my time, voice, and talents as a public official for the last 31 years.

Thank you all for entrusting me to represent your voice on important issues. I led the fight to secure the next decade of Connecticut's carbon-free baseload energy supply at Millstone and to support CT's emerging offshore wind industry while being a voice for generations of fishermen. As a co-chair of the Appropriations Committee, I worked to help develop a truly bipartisan budget in 2017 that is, to this day, providing large surpluses for our rainy day fund while paying down on our pension debt. I joined advocates to increase funding



for programs and opportunities that help those in Connecticut managing intellectual and developmental disabilities. I worked closely in partnership with our Native American Tribal Nations. And I founded the bipartisan Arts, Culture and Tourism Caucus. Further, I worked to support and give back to those who are on the difficult road to recovery from substance abuse and addiction.

The most rewarding aspect of my elected service has been the honor and pleasure of meeting and serving so many wonderful and passionate people from around the 20th District and across our great state.

I remain your advocate in Hartford until the new 2023 legislature is sworn in come January.

Please do not hesitate to contact me if you need help, assistance, or support. [Paul.formica@cga.ct.gov](mailto:Paul.formica@cga.ct.gov) | 800-842-1421

Senator Paul Formica



### WHAT IS 2-1-1?

It is Connecticut's free and confidential information and referral service. By calling 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours-a-day, every day of the year. TDD access is available.

Visit the website for more information: <http://www.211.org/#>

A poster for the Essex Winter Series. The title "Essex Winter Series" is written in a large, elegant, cursive font. Below it, "Mihae Lee, Artistic Director" is written in a smaller font. The date "December 18, 2022" is prominently displayed. The event details "Brentano String Quartet with pianist Mihae Lee" are listed. A blurb below states: "One of the world's premier string quartets is joined by our EWS Artistic Director to perform a beautiful program of selections from Gesualdo, Beethoven and Schumann." To the right, there is a large, stylized graphic of a musical note or a gavel. At the bottom, there is a section titled "Save These 2023 Dates!" with a list of performances: "JAN 22 - New Haven Symphony Orchestra with Aya Kaminaguchi, marimba soloist", "FEB 26 - Jeff Barnhart & His Hot Jazz Collective", "MAR 12 - Project: Music Heals Us String Trio with pianist Mihae Lee", and "APR 23 - Chanticleer". The bottom right corner contains the text "Visit [essexwinterseries.com](http://essexwinterseries.com) for information and to purchase tickets.".

# Helping Students Overcome Addiction



Devin Carney  
State Representative.

First, I wish you and your family a safe and happy holiday season!

During the 2022 legislative session I worked hard to put the gears in motion to open a recovery high school in the State of Connecticut. Currently, Massachusetts, Rhode Island, and New York all have opened these schools to students across their respective states. With the uptick in drug overdoses, the rise of opioids, and increased addiction, overall, I felt it was time to get Connecticut involved.

Recovery high schools are secondary schools designed specifically for students in recovery from substance use disorder or co-occurring disorders. They allow a student to work on recovering from an addiction while also working to earn a high school diploma.

## Each recovery high school shares the following goals:

- Educate students in recovery from substance use or co-occurring disorders
- Meet state requirements for awarding a secondary school diploma
- Intent that all students enrolled be in recovery and

working a program of recovery from substance use or co-occurring disorders

- Available to any student in recovery who meets state or district eligibility requirements for attendance

The best way to defeat addiction is to catch it early and to be in a comfortable, safe environment with peers who face the same issues. Even better, many recovery schools make it a priority to hire staff and administration also in recovery so the students have support and can be open and honest without fear. Additionally, recovery high schools provide support for families learning to how to live with, and provide support for, their teens entering into the recovery lifestyle.

As it stands, the Department of Education is doing a study on this issue and I am hoping to move it to the next steps in the upcoming legislative session. It will save lives.

State Representative Devin Carney

## A Year of Firsts After Loss



Many of us are experiencing the particularly difficult first year after a significant loss. Every birthday, holiday and family event can make the losses especially painful during that first year without the loved ones. As the winter holiday season

approaches, some who are grieving may want to avoid gatherings and hope the holidays pass quickly - a challenge with the abundance of messages indicating we should be happy and enjoying ourselves during the busy time.

In our work as therapists, we often hear from clients who are grieving that those around them are telling them to "move on" or "get on with life, they (the loved one who is no longer present) wouldn't want you to be sad." Grieving takes as long as it takes, and we should allow ourselves and others to mourn as we and they need to.

If you are feeling overwhelmed by grief and the idea of trying to summon the energy and cheerful demeanor expected during the holidays, find someone to share this with so you do not feel alone. Well-meaning friends and relatives may encourage you to join them, and you do not have to pretend you are emotionally alright if you agree to attend, and you may find others are feeling the same way.

Faith Marrion, LCSW, East Lyme Psychological Associates

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# Lyme Art Association

## CELEBRATING ARTISTS

On view through January 1, 2023 are three solo shows by Lyme Art Association's member artists, **Aleta Gudelski, John Traynor and Christopher Zhang.**



Quietude by Aleta Gudelski, 30x24, cold wax oil.

Emerging Hope features Aleta Gudelski's depictions of the natural world's quiet beauty and seeing light along life's jour-



After Work by Christopher Zhang, oil.

ney, Christopher Zhang's artwork combines Impressionist colors with the brushstrokes of Russian Realism while balancing his style and personality, and John Traynor's emotive landscapes reflect his unique blend of realism and atmospheric Impressionism. Running concurrently is Deck the Walls featuring original works by our member artists that make great holiday gifts,

and the Society of Connecticut Sculptors will have works displayed throughout the galleries.

## On view January 13 – March 2, 2023

### FIRST IMPRESSIONS: 31st Annual Associate Artist Show

is a juried exhibition of the association's Associate Artist members, accomplished artists who have been successfully exhibiting in selective shows. Running concurrently is Congratulations, an exhibit showcasing the work of Lyme Art Association's newest elected artists, inducted in October 2022. Visitors will experience an excellent display of today's artists who continue the tradition of creating representational art as started by our art colony founders over 100 years ago.

## ABOUT THE LYME ART ASSOCIATION

Founded in 1914 by the American Impressionists, the Lyme Art Association continues the tradition of exhibiting and selling representational artwork by its members and invited artists, as well as offering art instruction, lectures, and other public programs to the community.



Lyme Art Association's historic 1921 building...

The Lyme Art Association is located at 90 Lyme Street in Old Lyme, CT, in an iconic 1921 building designed by renowned architect Charles Adams Platt and listed on the National Register of Historic Places. Admission is free with contributions appreciated. Gallery Hours are Wednesday-Sunday, 10:00 am - 5:00 pm, or by appointment. For more information on exhibits, art purchases, classes, or becoming a member, visit our website at: [www.lymeartassociation.org](http://www.lymeartassociation.org) or call 860-434-7802.

## One Step Closer to Normal

### Community choral group returns to John Winthrop Middle School

Cappella Cantorum announced this week its return to John Winthrop Middle School (JWMS, Deep River, CT) for the 2022-2023 season after a two-year absence. Rehearsals have begun in preparation for our winter concert, Vivaldi's Gloria and Other Holiday Favorites, to be performed on Sunday, December 4th, 3:00 pm at JWMS. Please

mark your calendar to join us for a wonderful musical celebration of the holidays.

This year marks the 53rd season of Cappella Cantorum, which was founded in Jan. 1970. The group has built a close partnership with the Region 4 School District for more than 30 years where Cappella can be found rehearsing at JWMS on Monday evenings and

performing in the School District auditoriums. Cappella also donated acoustic sound shells to enhance the JWMS auditorium stage.

When COVID-19 hit Connecticut in early 2020, Cappella Cantorum halted rehearsals that were already underway at JWMS and canceled its May concert. From Sept. 2020 to April 2021, the group hosted a popular Zoom series to help

singers stayed connected and continue learning about music-related topics. spring

With the availability of COVID-19 vaccines and better treatments, the group began to plan its return to in-person singing for fall 2021. However, changing state COVID-19 guidelines made it difficult for Region 4 to allow community groups in school facilities, so Cappella rehearsals were moved to Trinity Lutheran Church in Centerbrook for the 2021-2022 season.

"We are so pleased to be coming back to JWMS for our rehearsals," said Carol Cherry, President of Cappella Cantorum. "Returning to John Winthrop is one step closer to normal for all of us."

#### About Cappella Cantorum

Cappella Cantorum is the premiere non-auditioned community choral



Cappella  
Cantorum  
singing at a  
past holiday  
concert.

group of the Connecticut Shoreline and Lower CT River Valley. Its primary purpose is to give singers of all ages the opportunity to learn, perform, share, and enjoy great choral music. In addition to twice yearly concerts, the group promotes music education and appreciation through summer singing programs, vocal training workshops, Messiah Sing & Listen events, and other events open to the public.

Cappella Cantorum has NO audition requirement and welcomes people of all ages who like to sing and want to expand

their music knowledge and skills. This opportunity renews again on Monday, Jan 9, 2023, when you can register and join us for our first rehearsal as we prepare for our spring concert scheduled for Sunday, April 4, 2023, 3:00 pm, at JWMS. Rehearsals are generally held at 7:00 pm on Monday nights in JWMS. We look forward to many seasons of musical joy and hope that you share those experiences with us.

For more information, visit us at: [cappellacantorum.org](http://cappellacantorum.org) or call 860-532-0454.

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## Old Lyme Open Space Commission

Maintaining safe, passable trails is one of the most important responsibilities of the Open Space Commission.

The town has benefitted the past several years from a valuable partner in this work – the Lyme Old Lyme High School Environmental Club, with occasional assistance from the Community Service Club.

With direction from club faculty advisor and science educator Heather Fried, students have worked on Ames, Champlain North and McCulloch Family open space properties, and will participate in future work parties on Bartholomew Open Space and the Ferry Landing Wildlife Refuge. Kudos to Andrea Fenton, the Commission's Community Outreach Coordinator, for scheduling with the school.



The Lyme Old Lyme High School Environmental Club helped blaze over two miles of new trails in the McCulloch Family Open Space.

High school students helped blaze over two miles of new trails in the McCulloch Family Open Space after its acquisition; built oak plankways over wet trail areas in Ames; cleared an area in Ames for a wildlife viewing area; and spread yards of mulch around the Barbizon Oak in Champlain North, carefully protecting new oak tree shoots sprouted from the ancient landmark, among other activity.

One of Open Space's goals is to involve youth in activities within nature. Ms. Fried uses conserved land as an educational "classroom." Work parties typically involve discussions on the environment such as identifying beneficial native plants and harmful invasive growth.

Beyond the necessary work students complete, the Open Space Commission hopes their exposure to conservation will encourage their interest in assuming the future stewardship of the town's exceptional natural heritage.

Some of my listings SOLD this year! Who's ready to list next?



17 Saltaire Drive, Old Saybrook \$729,000



14 Farm Gate Road, Colchester \$625,000



492 Hamburg Road, Lyme \$609,000



6 Center Beach Avenue, Old Lyme \$549,900



14 Flagler Avenue, Old Lyme \$499,000



257-1 Mile Creek Road, Old Lyme \$525,000

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## Florence Griswold Museum

Through exploration of historic and contemporary art from the Museum's permanent collection by such artists as Edmund Greacen, Mary Knollenberg, Willard Metcalf, Charles Ethan Porter, Winfred Rembert, and Bessie Potter Vonnoh, the current exhibition **Dreams & Memories** explores the themes of reverie, surrealism, identity formation, religion, social action, historical memory, and the American dream. The exhibition is on view through May 14. A full roster of exhibition-related programming can be found at [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org).



Above: On view in the exhibition **Dreams & Memories** - Edmund Greacen (1876 – 1949), The Lady in the Boat, 1920. Oil on canvas, 18 x 18 in., Florence Griswold Museum, Gift of The Hartford Steam Boiler Inspection and Insurance Company.

**Dreams & Memories** explores the themes of reverie, surrealism, identity formation, religion, social action, historical memory, and the American dream. The exhibition is on view through May 14. A full roster of exhibition-related programming can be found at [FlorenceGriswoldMuseum.org](http://FlorenceGriswoldMuseum.org).

### HOLIDAY MAGIC RETURNS

**November 25 through December 31.** Expect joy-filled visits, memory-making events, and a swoon-worthy selection of gifts in The Shop! Miss Florence's Teas are back December 6 through 30. Enjoy sweet and savory treats catered by Gourmet Galley in cozy, decorated rooms overlooking the Lieutenant River. Teas are Tuesdays through Saturdays from 2:00 to 4:00 pm and sell out quickly!



Don't forget **Miss Florence's Ongoing Birthday Bash** **Sundays**, December 4, 11, and 18, from 11:00 am - 3:00 pm. The Museum's namesake was born on Christmas Day in 1850. To celebrate, the Museum is hosting three Sundays of drop-in crafting parties complete with birthday treats. The events are free with admission and visitors age 12 and under are always free!

Left: On view in the exhibition **Dreams & Memories** - Varujan Boghosian (1926–2020), The Light on the Plain, 1965. Wood, ceramic, and mixed media, 24 3/4 x 10 1/2 x 14 3/4 in., Florence Griswold Museum, Gift of Charles T. Clark.



Above and below: Decorations in the Florence Griswold House historic rooms.



Enjoy shopping in the Museum's boutique-sized shop, where you'll find the perfect gift (or a treat or two for yourself) from a fresh supply of unique items by the best vendors and local artists.

When you visit the Museum during **Holiday Magic**, please consider bringing a non-perishable food item that will be donated to the Shoreline Soup Kitchens and Pantries.



## Cappella Cantorum Performs Vivaldi's Gloria & Other Holiday Favorites

Cappella Cantorum Masterworks Chorus has performed at Carnegie Hall and in 27 countries over its 52 years. The chorus continues its 2022-2023 season with a winter concert on Sunday, December 4th at 3:00 pm.

Cappella will be performing: "Gloria" by Antonio Vivaldi, "Fantasia on Christmas Carols" by Ralph Vaughan, "O Magnum

Mysterium" by Morten Lauridsen, and more holiday favorites. Our director, Dr. Simon Holt of the Salt Marsh Opera and First Congregational Church of Old Lyme will conduct a talented professional orchestra and the Cappella chorus to assure yet another dynamic concert to be enjoyed by all.

We invite you to experience the splendor of this beautiful music at 3:00 pm

on Sunday, December 4th at John Winthrop Middle School, 1 Winthrop Road, Deep River, CT. Tickets are in advance (online sales or from Cappella singers) or at the door.

Please visit our website at: [www.cappellacantorum.org](http://www.cappellacantorum.org) for updates, last minute changes, ticket purchases, and to learn more about us. With great excitement, we look forward to entertaining you.



55 Lyme Street  
Drawing by Edie Twining Design.

## Old Lyme Historical Society

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

### Give the gift of Old Lyme History this Holiday Season!

Books on local history, the 2023 Old Lyme Community Calendar, tea towels, note cards, and other gift items are available at our holiday book sales, held Saturday, December 3, 10, and 17, 9:00 am - 12:00 pm at the Post Office on Halls Rd.

We look forward to a new lecture series this spring. Please check our website or follow us on Facebook for further details of these and other upcoming Historical Society events.



Some of the fine items you can purchase at our holiday sale.

### OLD LYME HISTORICAL SOCIETY, INC.

55 Lyme St., P.O. Box 352, Old Lyme, CT 06371  
860-434-0684 | <http://www.olhs.org>



### VISIT Old Lyme! [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)

Old Lyme is a community of some 8000 permanent residents and an additional several thousand seasonal visitors who occupy a shoreline complex of summer residences. Located on the east bank of the mouth of the Connecticut River where it meets Long Island Sound, the town is marked by independence, volunteering, and a long-standing commitment to the arts.

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new year*

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35



# Musical Masterworks – Concerts for December and February



Artistic Director and violinist Tessa Lark.  
Photo by Lauren Desberg.



Edgar Meyer, Double Bass.  
Photo by Jim McGuire.

## MUSICAL MASTERWORKS

**Saturday, December 3, 2022 at 5:00 pm**

**Sunday, December 4, 2022 at 3:00 pm**

First Congregational Church of Old Lyme,  
4 Lyme Street, Old Lyme

In December, joining Artistic Director and violinist Tessa Lark will be cellist Joshua Roman, who will make his Musical Masterworks debut along with polymath Edgar Meyer. Edgar's astounding bass playing and composing are the inspiration behind our December shows.

### Artists

Edgar Meyer, Double Bass  
Joshua Roman, Cello  
Tessa Lark, Violin

### Program

J.S. Bach, Gamba Sonata in G Major, BWV 1027 (arr. for violin, cello and bass)  
Edgar Meyer, Trio 1  
Rossini, Duet for Cello and Bass in D Major  
Edgar Meyer, Trio 3

<https://musicalmasterworks.org/>

## MUSICAL MASTERWORKS FREE Community Concerts featuring Decoda

**Saturday, December 17, 2022  
from 10:00 am - 11:00 am | FREE**  
LYSB (Lymes Youth Services Bureau)  
59 Lyme Street in Old Lyme

Featuring a kid-friendly interactive

concert by Decoda that will engage the audience in the music being performed.

**Sunday, December 18, 2022  
from 2:00 pm - 3:30 pm followed by  
post-concert reception | FREE**  
Saint Ann's Church  
82 Shore Road, Old Lyme

Decoda's virtuosic musicians perform creative chamber music programs for curious audiences., drawing from a dynamic continuum of styles, eras, and instrumentations.

## FEBRUARY

**Saturday, February 4, 2023 at 5:00 pm**

**Sunday, February 5, 2023 at 3:00 pm**  
First Congregational Church of Old Lyme  
4 Lyme Street, Old Lyme

In February Charles Overton, Alex Sopp and Michael Thurber join Tessa Lark to share not only their instrumental talents but also their genre-bending compositional feats and infectious collaborative genius, creating new music together on the spot.

### Artists

Charles Overton, Harp  
Alex Sopp, Flute  
Michael Thurber, Bass  
Tessa Lark, Violin

### Program

Bach, Solo and Trio selections  
Saint-Saëns, Fantaisie for Violin and Harp  
Debussy, Trio Sonata for Flute, Viola and Harp  
Overton/Sopp/Thurber/Lark,  
Selections of Original and Arranged Works

<https://musicalmasterworks.org/>

## Old Lyme Conservation Commission

### THE IMPORTANCE OF CONSERVATION OF NATURAL RESOURCES

The Town of Old Lyme is a coastal community that values the coastal resources of Long Island Sound, the Connecticut River, the Black Hall River and the Lieutenant River, and all other tributaries and tidally influenced areas. We acknowledge the responsibility and obligation we have to protect these natural resources as well

as insuring that coastal properties are available for continued utilization and for water dependent uses.

Natural resources are sources from earth such as air, water, sunlight and soil. Human beings cannot survive on this earth without these natural resources. Hence, it is important for us to preserve and conserve these natural resources. We are in a state where we

have lost a lot of natural resources due to the exploitation by humans. It is our responsibility to preserve these natural resources for the future well-being of our children and grandchildren.

#### What is the meaning of Conservation?

Conservation means to protect, manage and uplift earth's natural resources for current and future generations. Conservation includes judicious or wise usage of resources by humans available in nature. It is the responsibility of all Old Lyme residents to ensure we protect our natural resources.



#### Conservation Actions We Can Take

Natural resources are God's gift to humanity. It is our moral and ethical responsibility to take care of and preserve our natural resources for future generations. Without these natural resources, we cannot think of life on this planet. We need to take strong measures to preserve our natural resources before they come to an end.



We all need to follow the 3Rs of conservation: **Reduce, Recycle, and Reuse**. We can conserve and protect our natural resources by reducing consumption, recycling wastage, and reusing resources.

#### Contact Information

**Old Lyme Conservation Commission**  
Old Lyme Memorial Town Hall  
52 Lme Street  
Old Lyme, CT 06371

**860-434-1605 Ext. 234**  
Fax: 860-434-1400

[www.oldlyme-ct.gov](http://www.oldlyme-ct.gov)



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# Roger Tory Peterson Estuary Center

100 Lyme Street, Old Lyme, CT 06371 | 860-598-4218 | [www.ctaudubon.org/rtpc](http://www.ctaudubon.org/rtpc)

*The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.*

## Upcoming December Programs

### Winter Wreath-Making

December 10; 10 am-12 pm

Enjoy the season and learn how to create a wreath using natural materials! Wreath making is suitable for ages 8 and up.

### BEYOND BIRDING IN THE FIELD

#### Winter Birding at Harkness Memorial State Park

December 17; 9-11 am

Many species can be found exclusively in winter in Connecticut, as our coastal habitat provides relatively more temperate conditions than those further north. Learn about the birds that can be found in winter and where to find them, as well as the challenges birds face when resources are scarce.

### WEBINARS

Join Conservation and Education Coordinator, Joe Attwater each month for a free webinar on a different bird-themed topic. Register for your space on our website at [www.ctaudubon.org/rtpc](http://www.ctaudubon.org/rtpc).

#### Kingfishers Webinar

December 14 6 - 7pm

#### Grebes, Loons and Cormorants

January 18, 6 - 7 pm

#### 100 Birds at the RTP Estuary Center

January 25, 6 - 7 pm

### OWL PROWLS

Check our website soon for Owl Prowl dates beginning in January!

One of our most unique and mysterious family of birds, owls are most active when the rest of us are settling down for the night. Join us as we search for these incredible birds and learn about what makes them such perfect nighttime fliers.

### YOUTH PROGRAMS

#### After-school Adventures

Tuesdays and Wednesdays at the RTP Estuary Center  
Visit our website for more information!

#### RTP Estuary Summer Camp

Registration is open!

All programs require pre-registration. We also host a variety of webinars, nature hikes, bird walks, citizen science opportunities and more throughout southeastern Connecticut.

For more information be sure to visit our website at: [www.ctaudubon.org/rtpc](http://www.ctaudubon.org/rtpc) or email [rtpc@ctaudubon.org](mailto:rtpc@ctaudubon.org).

### OUR MISSION

*The Connecticut Audubon Society protects Connecticut's birds, other wildlife, and their habitats through conservation, education, and advocacy.*

*We envision that our efforts will lead to a future where all can share and experience the joys of nature and understand the importance of environmental preservation*

## How to Reach Our Legislators

### U.S. Senator Richard Blumenthal

[https://www.blumenthal.senate.gov/](http://www.blumenthal.senate.gov/)  
Hartford (860) 258-6940  
Bridgeport (203) 330-0598  
Washington DC (202) 224-2823

### U.S. Senator Chris Murphy

<http://www.murphy.senate.gov/>  
One Constitution Plaza, 7th Fl.  
Hartford, Connecticut 06103  
(860) 549-8463  
  
136 Hart Senate Office Bldg. Washington, DC  
20510  
(202) 224-4041

### U.S. Representative Joe Courtney

(2nd Congressional District)  
<http://courtney.house.gov/>  
2348 Rayburn HOB  
Washington, DC 20515  
(202) 225-2076

55 Main Street, Suite 250  
Norwich, CT 06360  
(860) 886-0139

### CT State Senator Paul Formica

(20th District)  
<http://ctsenaterepublicans.com/home-formica/>

Legislative Office Building

300 Capitol Avenue  
Hartford, CT 06106  
1-800-842-1421 (CT only)  
860-240-8800 (out of state)

### CT State Representative Devin Carney

(23rd District)  
<http://cthousegop.com/devin-carney/>  
Connecticut House Republican Office  
L.O.B. Room 4200  
Hartford, CT 06106  
860-240-8700  
800-842-1423 (toll-free in CT)

# Rogers Lake Authority News - Winter

## BOATING SAFETY ON ROGERS LAKE IS IMPORTANT

As a reminder for the upcoming spring, there is a Slow-No-Wake speed from sunset until 10:00 am, as well as within 100 feet of shore, or any stationary object.

Jet skis are only allowed 10:00 am - 6:00 pm weekdays and until 7:00 pm on Saturday and Sunday. Jet skis must stay 200 feet from shore, or any stationary object. There are six places on the lake where jet skis cannot maintain this 200-foot distance and must proceed at a Slow-No-Wake speed.

The RLA asks for your assistance in reporting unsafe activity occurring on Rogers Lake. To report such activity visit RLA's website at: <http://www.oldlyme-ct.gov/rogers-lake-authority>. If unsafe activity needs immediate action, call 911.

## DO NOT FEED THE WATERFOWL

The Connecticut Department of Environmental Protection indicates waterfowl are wild birds that can locate natural food sources throughout the year. Supplemental feeding by people is unnecessary and can lead to malnutrition and disease transmission.

**Connecticut State law 12-155** prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water. A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

To learn more about the Rogers Lake Authority, please visit our webpage at: [www.oldlyme-ct.gov/rogers-lake-authority](http://www.oldlyme-ct.gov/rogers-lake-authority).



## Lymes' Senior Center

26 Town Woods Road, Old Lyme, CT

Membership is open to seniors 55 Years Young & Better

**Hours:** Monday- Friday 9:00 am-3:00 pm

We are now on Facebook listed as Lymes Senior Center. Follow and like us to keep up to date on upcoming events!

Call 860-434-1605 EXT. 240  
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on becoming a member  
CHECK OUT OUR WEBSITE  
FOR UPCOMING NEWS & EVENTS  
at: <http://seniorcenterct.org>

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# New Exhibition Opens at the Lyme Academy of Fine Arts: MONOCHROME

November 11, 2022 - February 19, 2023

The Lyme Academy of Fine Arts is pleased to present **Monochrome**, a compelling new exhibition featuring contemporary figurative artists' search for expression and meaning within a single-color or limited palette.



Greg Shea 'Persephone'  
Wet Plate Collodion Photograph

With more than 30 artworks in a variety of media, Monochrome marks the third in a dynamic series of original exhibitions curated by Academy Co-Artistic Directors Amaya Gurgipe and Jordan Sokol, and the first of the 2022-2023 season. Free and open to the public, the exhibition will be displayed in the Academy's Chauncey Stillman Gallery between November 11, 2022 and February 19, 2023, with select works for sale beginning at \$400. Proceeds from Monochrome will support student scholarships at the Academy, which continues its commitment to preparing the next generation of representational artists.

Artists' use of a monochrome or single-color palette dates to the pre-Renaissance period, when an oil painting technique called grisaille (literally, "grayness") dominated the Northern European art world. Today, and despite the color-saturated intensity of our Technicolor existence, artists have continued this legacy, choosing to explore their reality in a manner that extracts its essences, sets up new abstract paradigms for contemplation, and, at times, detaches from it completely. This exhibition explores those practices, and the psychological and conceptual impact of a monochrome



Edwin Lord Weeks (1849-1903)  
'Gate of the Mosque of Wazir Khan'  
Lahore, India'  
Oil on Canvas, 1893

palette, through a selection of contemporary figurative artists' works which engage with its unique properties and push the boundaries of traditional monochromatic media.

Complementing an impressive roster of internationally-recognized figurative artists, including Steven Assael, Chris Gallego, Michael Grimaldi, Amaya Gurgipe, Jefferson Hayman, Yuriy Ibragimov, and Alex Kanevsky, is an important grisaille painting by the 19th-century American artist Edwin Lord Weeks (1849-1903), on loan from the Salmagundi Club in New York.

**The Chauncey-Stillman Gallery is open 10:00 am - 4:00 pm daily.**



Collection of Salmagundi Club, New York  
Michael Grimaldi 'Dossier'  
Oil on Panel

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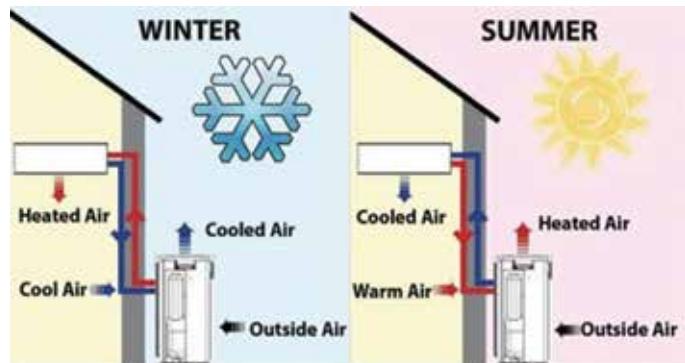
# Heat Pumps 101 and Why We're All Installing Mini-Splits

Maybe it was at your neighbor, Joe's. Or your cousin, Kelly's condo. Possibly the pizza shop you frequent on a Friday night. Wherever the location, you've probably come across those rectangular units hanging on a wall and, hopefully, providing you a nice blast of cold air on one of those steamy hot days we all experienced this summer. Those units, commonly known as mini-splits, are an example of the most energy-efficient heating and cooling equipment available: heat pumps.

Over the past ten years, tens of thousands of Connecticut homes and businesses have installed heat pumps because they provide highly efficient heating, cooling, and dehumidification in a single unit.

## WHAT'S A HEAT PUMP?

A heat pump is a high efficiency system that provides both heating and cooling by moving heat from the exterior inside, or vice versa. Heat pumps consist of an outdoor unit connected to one or more indoor units by piping, which carries heat between the two. A heat pump can replace both the heating system (your boiler or furnace) AND the cooling system (central air or window units) in a home or building.



## HOW DOES A HEAT PUMP WORK?

There are two main types of heat pumps available: air source heat pumps and ground source (or geothermal) heat pumps. Both air and ground source heat pumps provide efficient heating by pulling heat

inside your home or business from either the outside air or ground. In the summer, these systems operate in reverse, using the same kind of system as your refrigerator or window AC to keep you cool. Heat pumps can be installed to utilize your existing ductwork or you can choose to install ductless units, commonly known as mini-splits.

## WHY IS EVERYONE TALKING ABOUT HEAT PUMPS?

Heat pumps are the most energy-efficient heating and cooling system available in New England. Because these systems move – rather than create – heat, they can be up to 400% efficient. This means that for every one unit of energy used to power a heat pump, up to four units of heat energy are supplied. If you're currently heating with oil, propane, or electric resistance baseboards, this kind of energy savings can lead to saving money on your energy bills.

Heat pumps can also help you reduce your home or business' carbon emissions and dependence on fossil fuels. Because a heat pump is an electrical system, it does not directly produce emissions when operating. As New England's electricity generation mix gets cleaner, heat pumps have the potential to produce zero emissions.

## While any time is the right time to install a heat pump, many customers upgrade to heat pumps when:

- A furnace, boiler, or central air conditioner is nearing the end of its life and will need to be replaced soon
- A home has been recently purchased or is ready to be sold
- Weatherization upgrades have been completed

## I'M READY FOR A HEAT PUMP!

Great! There are some significant rebates and incentives available to offset installation cost through Eversource, your local Energize ConnecticutSM Sponsor.

## To get started, we recommend these steps:

1. **Review** the resources available at [eversource.com/home-savings](http://eversource.com/home-savings)
2. **Contact** a contractor participating in the Energize CT Heat Pump Installer Network
3. **Consider** your financing options and secure a loan
4. **Complete** your installation and take advantage of incentives

If you need help at any point, you can schedule a heat pump consultation with a technical specialist. Scan the QR code, at right, to learn more about this solution and the funding available to make it happen.



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## Heating Assistance

Applications are currently being accepted for the Connecticut Energy Assistance Program (CEAP), which may help income eligible households in paying for their heating costs during the winter months.

Households are determined eligible based on state income guidelines. We are an intake site for residents of Old Lyme. Applications are then processed through TVCCA. Applicants may also apply online this year through the State of Connecticut Department of Social Services.

Old Lyme Social Services maintains an emergency fuel fund for residents who need immediate help or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

For more information, or the schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator at: 860-434-1605, ext. 228 or email: [socialservices@oldlyme-ct.gov](mailto:socialservices@oldlyme-ct.gov).

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