



JOIN US FOR A FIRST DAY HIKE AT GRISWOLD POINT

Photo by Judy Preston, CTSG

SAVE THE DATE

 **January 1, 2026**
Meet at 1PM

 **Old Lyme Town Beach,
Off White Sands Beach Road, Old Lyme, CT**

Connecticut Sea Grant and Connecticut National Estuarine Research Reserve staff will lead a two-hour hike of mostly flat shoreline at Griswold Point. Guides will talk about the CT Reserve and the ecology of the lower Connecticut river, a Long Island Sound Stewardship Area.

To register, send an email to judy.benson@uconn.edu. You'll receive an email confirmation and notification if the hike is cancelled due to weather. No pets, please.

