

# Old Lyme events

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## Lyme-Old Lyme Little League Softball Team

The Old Lyme/Westbrook/Deep River senior softball team (pictured here) advanced to the Little League World Series this year. At an average age of 14.2 years old, the newly formed team exceeded expectations by not only winning the state championship but also earning a once in a lifetime opportunity to compete in the Little League World Series. **Congratulations!**

The team's roster included Josie Arndt, Sawyer Barreto, Paige Erwin, Victoria Glaras, Avery Goiangos, Molly Mones, Brooke Ouellette, Emma Reed, AJ Scrivo, Mia Stokes, Kaylyn Vernon, Teya Vernon, Reagan Weinstein, and Avery Zbierski. Coaching staff, Nicole Barreto, Donna Glaras, and Ron Mones



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# First Selectwoman's Corner

**The summer season is winding down and we are beginning to prepare for the fall season.** Our seasonal residents are beginning to winterize their cottages and begin the countdown to when they can return to the shoreline. School is in session after a busy summer of construction at four of our five schools.

During the summer, the Emergency Operations Center expansion project made great progress. Currently the exterior brick is complete, and interior work is moving along nicely. It is expected that a Certificate of Occupancy will be given sometime in September. We will be holding an open house once the project is complete.

In the spring we began moving the Grassy Hill Bridge/Culvert Replacement became active once again. We appreciated all help from the Old Lyme Fire Department, Old Lyme Volunteer Ambulance Association, Emergency Management and the residents who have provided input and valuable information. It is our hope that this project will go out to bid in early of 2026.

Public Works went out to bid for the annual paving of roads in 2024. J.J. Dibble Construction Inc. provided us with the winning bid. The fall paving schedule includes Avenue A, Clifton Street (portion of), Hawks Nest Beach Road, Hemlock Circle, Liberty Street, Prospect Street, Robbin Avenue, and Washington Avenue. This project should



Martha Shoemaker  
First Selectwoman

begin in September.

The Town Hall and the various departments continuously try to make improvements to provide better services for our residents. We encourage residents to contact us and make us aware of issues that they see in town. Public Works and the Tree Commission appreciate these calls so that they can keep up with tree trimming and trees that appear to be struggling. Our crews and volunteers use that information to prioritize the work that needs to take place before the winter season. Please contact Michele Hayes at Town Hall if you have a concern. She can be reached at 860-434-1605 ext. 212 or

[selectmansoffice@oldlyme-ct.gov](mailto:selectmansoffice@oldlyme-ct.gov)



Please be aware that we are still in hurricane season. We have posted information on our website to help all residents prepare an emergency plan and a supply kit. Please refer to the Emergency Management web page on our website at [oldlyme-ct.gov](http://oldlyme-ct.gov). If you have not already done so, please sign up for Everbridge alert system. This allows us to provide you with important messages in a way that you specify, either by texts or calls to your cell phone, calls to your home or business phone, emails to your home or work.

Wishing you a happy fall season, **Martha**



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In addition, Fox Hopyard golf course offers Tennis, Pickleball, a lovely clubhouse that hosts wine tastings, trivia night, and year-round dining. Tennis, Pickleball, and a community pool with pool house are all in walking distance from this home.



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In addition, Fox Hopyard golf course offers Tennis, Pickleball, a lovely clubhouse that hosts wine tastings, trivia night, and year-round dining. Tennis, Pickleball, and a community pool with pool house are all in walking distance from this home.



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**COVER PHOTO**  
Lyme-Old Lyme Little League Softball  
team at the World Series  
**photograph by Donna Glaras**

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## Streetlights

**Reporting Streetlight Problems:** When reporting a streetlight outage/ problem, please provide exact address, pole number and issue observed. Report problem directly to the following link: <https://tankolighting.com/oldlymemaintenance/>

The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. **Thank you!**





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*Roger Tory Peterson Estuary Center*

Connecticut Audubon Society

## Roger Tory Peterson Estuary Center

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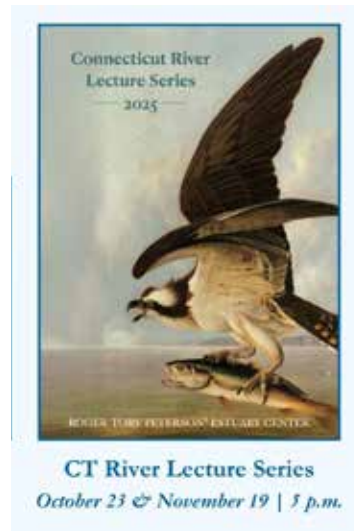
*The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.*

### EXCITING FALL EVENTS AT THE ROGER TORY PETERSON ESTUARY CENTER

The Roger Tory Peterson Estuary Center, nestled in the heart of Old Lyme, invites community members to engage with nature and environmental conservation through a variety of exciting events this fall.

As the fall season continues, join the continuation of the CT River Lecture Series 2025 for thought-provoking talks from leading environmental experts. On **October 23**, from 5 – 6 pm, filmmaker Jacob Steinberg will present *The Most Important Fish in the Sea* at the Lyme Art Association. His film explores the critical role menhaden play as a keystone species in our coastal ecosystem, serving as a vital food source for fish, marine mammals, and birds. This lecture offers a deeper understanding of the often-overlooked menhaden and its significance to the health of our waterways.

*Continued on page 7*



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Concluding the lecture series on **November 19** at 5 pm at Old Lyme Town Hall, Dr. John Jasper will deliver a presentation on Atmospheric CO2 and the Global-to-Regional Climate. He will discuss the effects of climate change on Southeastern Connecticut's coastal environments, focusing on how rising carbon dioxide levels are influencing local ecosystems and contributing to broader climate patterns.

Mark your calendars and support environmental education at these engaging, community-focused events. RSVP at [ctaudubon.org/rtp-programs-events](http://ctaudubon.org/rtp-programs-events) or call **(860) 598-4218**.

We celebrated 10 years of making an impact with A Penguin Affair, our annual fundraising gala on **Friday, September 12**. The event featured cocktails, hors d'oeuvres, and both live and silent auctions. In honor of Roger Tory Peterson's admiration for penguins, this 10th-anniversary celebration paid tribute to his work in conservation. The event supports the Center's vital environmental education, research, and advocacy efforts. We would like to thank all who attended or supported this years event.

## Rogers Lake Authority

**The Rogers Lake Authority (RLA) hopes that everyone enjoyed their summer.** With the summer 2025, nearing its end, the RLA continues to ensure that the quality of our wonderful resource remains high. The RLA has taken significant steps to help keep Rogers Lake free of invasive weeds. There is one that is specifically concerning – Hydrilla. Hydrilla is a highly invasive plant that is difficult to control. Hydrilla has been found in the CT River and in Hamburg Cove. Hydrilla is mainly introduced to new waters as fragments on recreational boats, their motors, trailers and live wells. If these fragments are released into Rogers Lake at any time they can begin growing and cause an infestation. At this time, we do not see any evidence of this highly invasive weed in Rogers Lake, however, due to the boat launch traffic and residents taking their watercraft to other bodies of water, we are at risk of it being introduced. When the survey is conducted this year, this is one of the weeds we will be watching for. The concern is so high that the RLA is working on a reporting protocol and process if this weed is introduced to our lake. **The RLA needs YOU to help us be diligent to help prevent the spread of these invasive weeds to our lake.** The RLA is very focused on ensuring the integrity of the lake remains strong and appreciates everyone's assistance and support. Thank you and wishing you and your families a wonderful holiday season.

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- 19 Book Hill Road, Essex • **SOLD FOR: \$700,000** *Represented Buyer*
- 22 Wychwood Road, Old Lyme • **SOLD FOR: \$625,000**
- 137 Main Street, Chester • **SOLD FOR: \$610,000**
- 40 Marshfield Road, East Lyme • **SOLD FOR: \$603,000** • *Represented Buyer*
- 224 Shore Drive, Guilford • **SOLD FOR: \$535,000** • *Represented Buyer*
- 52 Orchard Drive, Montville • **SOLD FOR: \$320,000** • *Represented Buyer*



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# Open Space Commission

**The Open Space Commission has** been hard at work this year ensuring that your time at our properties is fun, safe and memorable. We are currently working on several projects to improve your experience on our trails.

The commission's policy on beaver activity has been to allow it to continue as long as it does not threaten critical infrastructure or private property. We encourage users of our trails to understand the critical role of beavers in the ecosystem as protectors of our wetlands, filterers of pollutants, and a benefit to bird populations. We also recognize that problems can arise from close contact with beavers and employ non-lethal methods of control on our properties. We recently installed a beaver deceiver at the Bartholomew Open Space Property which allows for water to flow through a culvert while preventing the animals from blocking it. The commission also rerouted a trail due to the flooding caused by beavers. These changes will allow the continued use of our properties by both humans and beavers.

There are new signs currently being installed at the Bartholomew Property to give information about the beavers there. We are also



placing new signs on other properties to provide information and educate the recreational users of our land. We labeled areas of sensitive marshland to remind users to keep to marked trails in an effort to protect the plant and animal life. We created virtual trail guides for Horseneck Creek Landing so guests can identify the amazing plants that line the walkway and the birds that nest along the water.

One of the largest tasks the Open Space Commission has taken on in the last year has been to create new trail maps for all of our properties. This enormous task has been undertaken to ensure the safety and enjoyment of our hikers. The need for accurate and up-to-date trail maps is crucial in ensuring that hikers of all levels can use our trails. These new maps will contain all the information needed for a fun and safe hike on an Open Space property. The maps will have all trails marked by color with distances and elevations. They will also show points of interest to look out for on your hike such as the Formica ant hills, the ancient caves once used by Native Americans, classic New England rock walls or even a simple bench to take a rest and enjoy the view of an Old Lyme Open Space Property.

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We just sold this timeless home that blends historic charm with modern comfort and features original wide-board floors, six character-filled fireplaces, and an updated chef's kitchen with granite counters and a new six-burner gas stove. The first-floor primary suite opens to a private, landscaped backyard with a brick patio and specimen trees.

Curious what your home might be worth in today's market? Let's connect for a personalized consultation.



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## Bound for the Sound



### 5K and 10K Road Race

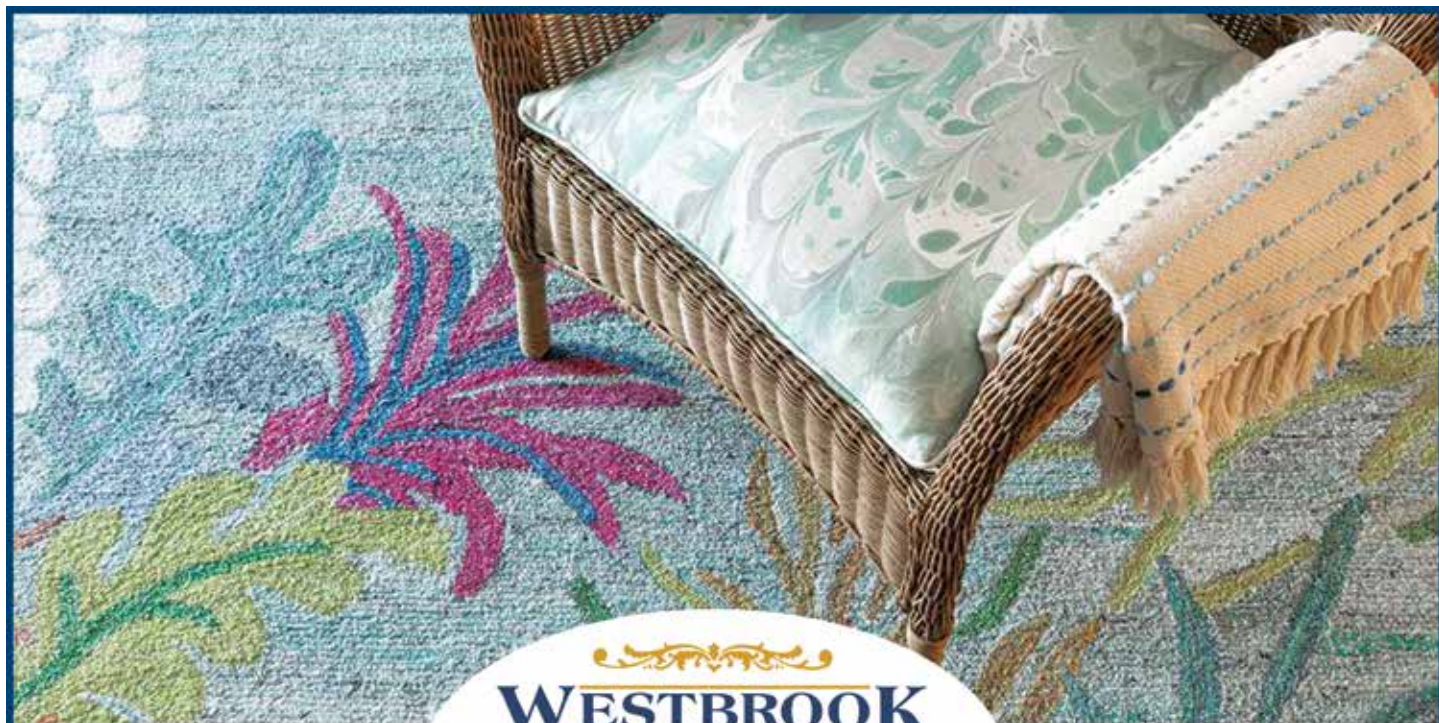
The Old Lyme Fire Department and Auxiliary are excited to hold the Bound for the Sound Road Race on **September 20, 2025!** The race offers events for all ages and skill levels, including a 10K, 5K, and a

1-mile Family Fun Run. The races begin and end at historic Sound View Beach, finishing at the end of Hartford Avenue by the flagpole and beach. The 5K is very flat and fast. The 10K is mostly flat with some gently rolling hills. Post race food and drink is included in your race entry.

**Sign up for the race at: [runsignup.com/Race/CT/OldLyme/BoundfortheSound](https://runsignup.com/Race/CT/OldLyme/BoundfortheSound).** Volunteers are also needed and can sign up at the same link. Course maps and other details are available at the runsignup page or follow us on Facebook: [www.facebook.com/groups/813691190203965](https://www.facebook.com/groups/813691190203965)

*Proceeds benefit the Old Lyme Fire Department Auxiliary, supporting department activities to maintain the camaraderie and dedication of our members and supplement emergency response. Please contact us at [president@olfd.org](mailto:president@olfd.org) for sponsorship, volunteer, or other support opportunities.*

**We look forward to seeing everyone on September 20th !**



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# News From Duck River Garden Club



## Duck River Garden Club Presents Scholarship Award

The Duck River Garden Club is pleased to award their annual scholarship to Andrew Clougherty. He will be attending Northeastern University in Boston and major in the sciences. He has taken numerous AP courses along with online courses and programs to advance his knowledge. He plans to participate in Northeastern co-op programs to obtain real life work experience. We wish him the very best as he begins college this month.

## Duck River Garden Club Kicks Off a New Year

We resume our educational programs and club meetings on Wednesday, September 24, at the Old Lyme Memorial Town Hall. Our guest speaker, Nan Merolla, is the President of The Federated Garden Clubs of CT, Inc. Nan will outline the privileges and programs available to members of The Federated Garden Clubs of CT. Particularly of interest to our new members, she will inform

all members of this year's programs and educational experiences available from the Federation. This meeting will also include an Adopt-A-Plant exchange and Gardening Tip Swap. 5:45 p.m. Social and Plant Exchange; 6:30 p.m. Guest Speaker; 7:00 p.m. Business meeting and member gardening tips.

We welcome new members and serve both Old Lyme and East Lyme. Our members share an interest in gardening, civic beautification, conservation, and our community. We sponsor community projects,

maintain many civic beautification sites and provide wreaths for civic buildings during the holiday season. This year we added a new Miracle League Garden site at Flanders Elementary school in East Lyme. We also celebrated National Garden Week in June with an event each day of the week. This summer we participated in the Midsummer Festival and kept the civic sites beautiful by weeding and watering throughout the season.

Our Annual Plant Sale is not to be missed and has been our major fundraiser to support our educational programs, scholarships, and maintenance of the civic sites. Thank you for supporting our very successful sale in May.

Please check the club's website at : [www.duckrivergardenclub.org](http://www.duckrivergardenclub.org) for updates and follow our Facebook page. Membership information is available on our website. Come join our club and grow with us!

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TXP007 CRC 5946385 10/23 CS 822789\_3697938 09/23

# River Valley Transit (RVT) Brings Encompass Travel Program to Old Saybrook

**River Valley Transit (RVT)** is pleased to announce the launch of Encompass, an exciting new program that allows seniors and anyone in the disability community to travel within select towns in the Middlesex County area up to eight miles for just \$5— any day, for any reason. RVT has partnered with M7, Connecticut's largest taxi operator, to provide the service.

The low-cost rides will first be available in Clinton, Lyme, Old Lyme, Old Saybrook, and Westbrook.

"We wanted to do everything we could to help our seniors and our passengers with disabilities get where they need to go—to the doctor, the pharmacy, the grocery store, or just to see family," said Bill Scalzi, owner of M7. "We want to help get America moving again, and this innovative partnership helps Connecticut make that a reality."

"We are always looking at ways to improve mobility in our region. We are excited to partner with M7 to expand this

innovative transportation solution to Old Saybrook," says Joseph Comerford, Executive Director of River Valley Transit.

Anyone can apply in minutes to be included in the program by going to [Encompass.M7Ride.com](https://Encompass.M7Ride.com) and clicking the "Apply Now" button for Middlesex County. Passengers must be 60 years of age or over or provide proof of a disability to apply. Trip payments are made online through a personal Encompass account created by the passenger. Passengers can easily load funds into the account via credit card payments or direct bank transfers. When a ride ends, the trip is automatically paid and the passenger simply exits the vehicle. There is no limit to the number of trips a passenger can take, and trips beyond eight miles are charged at a rate of \$2 per mile.

The passenger is given the exact trip cost at the time of booking and the fare is automatically deducted at the end of each ride.

All M7 drivers are fully trained and vetted, and all vehicles are fully licensed, inspected and insured.



## The Croton Oil Peel— Advanced Skin Rejuvenation

With over 15 years of experience, Dr. Pan was the first to introduce the **Croton Oil Peel** to Connecticut—this specialized treatment is not available at typical med spas and it remains **exclusively administered by a board-certified plastic surgeon** at ESANA.

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**AFTER**

Actual results. Individual results may vary.



# ASSESSOR'S OFFICE

**The Assessor's Office would like to inform residents of the following deadlines.** All forms and proofs unless noted must be filed by **October 1, 2025**, in the Assessor's Office.

The Board of Assessment Appeals will hear appeals for the MSRP of Motor Vehicles for the 2024 Grand List on **September 16, 2025**, at 4:30 pm in the Assessor's Office at the Old Lyme Town Hall. Hearings are based on a first come first serve basis.

Assessment Date of Taxable Property for the Town of Old Lyme is October 1st of each calendar year.

Per Section 12-41 of the Connecticut General Statutes owners of tangible Personal Property, other than registered motor vehicles, such as commercial furniture, machinery and equipment, leased equipment, unregistered motor vehicles, camp trailers, etc., are required to file a personal property list with the Assessor. Declarations are required to be filed annually during the month of October. Failure to file **BY November 1, 2025**, forces the Assessor, by law, to file the list and add a 25% Penalty (Sec. 12-42, PA 87-245).

Totally Disabled Persons are entitled to an exemption if they meet the requirements of Section 12-81(55) of the General Statutes. Please contact our office for acceptable forms of proof.

Any resident who is blind is entitled to an exemption under Section 12-81(17) shall provide proof to the Assessor.

Veterans must have filed a DD214 in the Town Clerk's office by **September 30, 2025**, in order to receive any of the applicable exemptions under Section 12-81. Disabled Veterans are eligible for an exemption in addition to the regular exemption with the filing of a disability rating from the Veterans Administration. Sec 12-81(g) provides for an increase in the property tax exemption amount granted to a qualified Veteran if certain income requirements are met applications must be filed with the Assessor's office no later than October 1. Veterans with motor vehicles who are not homeowners are eligible for the income-based exemption, please contact the office to review qualifications.

**NEW for 2025** Public Act No. 24-46, introduces a property tax exemption for veterans with a service-connected 100% permanent and total disability as determined by the United States Department of Veterans Affairs. The exemption applies to a dwelling, or one motor vehicle owned by the qualifying veteran. Disability rating letters must be on file with the Assessor showing Permanent and Total disability.

Under the Federal Service Member Civil Relief Act persons on active duty must present to the Assessor a current earning and leave statement or a letter from their Commanding Officer along with a yearly application for exemption. Any Servicemen on active duty claiming Connecticut as their legal residence must file prior to **Dec 31st**.

*Continued on page 16*



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Farm, Forest or Open Space applications are due between **September 1, 2025 – October 31, 2025**. No extension of this filing period is available, failure to file is a waiver of the right to the classification for the assessment year commencing October 1st. If you have recently purchased a property and do not know if this applies to you, please contact our office to review.

Many of our programs and helpful links to mapping, property information, forms, and program updates can be found on the Assessors page of the town website [www.oldlyme-ct.gov](http://www.oldlyme-ct.gov).

**Melinda R. Kronfeld, CCMA II, Assessor**  
x 218 or x 219 [assessor@oldlyme-ct.gov](mailto:assessor@oldlyme-ct.gov)

## Transfer Station Information

### Transfer Station / Landfill Hours Four Mile River Road

Hours of Operation:

Tuesday – Friday 7:30 am – 3:45 pm

Saturday 8:30 am – 4 pm

Closed on Sunday, Monday and Town Holidays.



**Transfer Station stickers are available to residents free at the Town Hall.** Please affix your sticker to the right-hand side of your windshield before visiting the Transfer Station.

#### Leaves:

Leaves cannot be deposited in your BLUE trash or GREEN recycling bins. If you are not composting them on your property, residents may bring them to the Transfer Station at no charge. Homeowner must empty and remove all paper or plastic bags.

#### Brush & Grass:

Brush and grass cannot be deposited in your BLUE trash or GREEN recycling bins. Grass clippings or wood/tree limbs longer than 6 feet are not accepted at the Transfer Station.

**For more information visit the Town website.**



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# Musical Masterworks

**Saturday, October 4, 2025 at 5 pm**

**Sunday, October 5, 2025 at 3 pm**

Enjoy some of Schubert's greatest works, featuring his beloved Trout Quintet.



Photo: Tessa Lark  
Photo Credit: Carla Ten Eyck

**Featuring:**

Inon Barnatan, piano  
Hsin-Yun Huang, viola  
Efe Baltacıgil, cello  
Tim Cobb, double bass  
Tessa Lark, Artistic Director | violin

**Works by:**

Schubert, String Trio in D Major, D 384

Schubert, Arpeggione Sonata, D 821

Lark, Appalachian Fantasy

Schubert, Trout Quintet, D 667

**Tickets:** At the First

Congregational Church of Old Lyme at 4 Lyme Street in Old Lyme



Photo: Edgar Meyer, Photo Credit: David McClister

**Saturday,**

**December 6, 2025 at 5 pm**

**Sunday,**

**December 7, 2025 at 3 pm**

Enjoy legendary bassist-composer Edgar Meyer, who returns to the MM stage with pianist Amy Yang, for a singular recital of their own compositions.

**Featuring:**

Edgar Meyer, double bass

Amy Yang, piano

**Tickets:** At the First Congregational Church of Old Lyme at 4 Lyme Street in Old Lyme

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[www.rivervalleytransit.org](http://www.rivervalleytransit.org)



River Valley Transit is Operated by the Estuary Transit District



# TOWN CLERK'S OFFICE

Vicki Urbowicz, Town Clerk  
Courtney C. Joy, Assistant Town Clerk

## Congratulations!

We congratulate the following on their recent marriages:

### February

Byron Mauricio Pallaroso Brito & Sandra Digna Caguana Rojas

### April

Andrew Stephen DeFilio & Minenhle Zwane

### May

Nicholas John Hadley & Mary Elizabeth Emerson

Kyle Nicholas Krewsky & Naomi Rose Coburn

James Ray Daniels & Meghan Anne Beato

Brent Anthony Kemish & Kourtney Nicole Winans

Jeremy Joseph Stachelsky & Karin Diane Rosen

Devin Patrick Berke & Madelyn Batag Aliangan

Victor Fraile Agreda & Cristina Baquero Mayo

Jonathan Fabricio Atiencia Arias & Britney Stephanie Andrade

Vincenzo Francesco Cicco & Tessa Elizabeth Mullins

### June

John Joseph Kulka & Liubov Salnikova

Benjamin Lynn Erling & Ileana Nicole Rivera

Leonardo Sampaio Rufino & Maria Vanessa Green

Emilio Alonzo Rutherford Meade & Sandra Kay Quinn

Michael Robert Ballman & Alexandra Marie Albright

John Daniel Grusauski & Jenna Lee Varnauskas

Matthew Seth Roth & Katherine Glass Skau

Thomas Connor Vickerman & Kara Ann McHugh

Bradley Chapman Berry & Jayna Ann Guild

Elijah Dylan Fortin & Katherine O'Rourke Foley

Timothy Peter Lasusa & Lauren Conover Berestecky

## With Sympathy

*We would like to express our condolences to the families of recently deceased Old Lyme residents:*

### April

William P. Marino

Fred Gerl

Charles Edward Brinley, II

Mary Elizabeth Pullen

Ilse Anna Minkenberg

Scott Edward Speers

Emil Frederick Schrafft, III

Christine A. Grem

Walter E. Brown

Linda B. Roberts

Victor Joseph Dellaripa, Sr.

Gwendolyn S. Tillett

Edward Leroy Orris, II

Sandra G. Caravello

Judith D. Iovanna

### May

Joanne Mary Delle Cave

Andrew Calvin Hansen

### June

Jennifer Griswold Hillhouse

Thomas E. Kelly

Patricia Cutler Joy

Patricia Roach Carlson

Eileen Keating Coffee

Thomas Jerald Moore, Jr

Richard David Brown

Albertina Cardoso



## Old Lyme Parks & Recreation



We have started our summer programs, which include, Zumba Toning, Women's Basketball, Men's Basketball, Adult Tennis, Adult Soccer, Adult Softball and Pickleball. **Scan the qr code to see the full schedule.**





# Social Services Department

## Heating Assistance

Applications are now being accepted for the Connecticut Energy Assistance Program (CEAP), which may help income-eligible households to pay for their heating costs during the winter months. Household eligibility is determined by state income and asset guidelines. Contact the Social Services office for more information, or to schedule an application appointment.

Old Lyme Social Services maintains an emergency fuel fund for residents who need immediate help, or may not qualify for CEAP. We gratefully accept donations to this fund. Checks may be dropped off or mailed to the Town Hall.

## Food Pantry

Social Services also maintains a small emergency food pantry

at the Town Hall for residents in need of immediate assistance. In addition to non-perishable foods, the items most frequently requested are hygiene products and paper goods, such as paper towels and toilet paper. If you are interested in donating, please contact Social Services. Items can also be left in the drop box outside of the main floor Meeting Room at the Town Hall. All donations are greatly appreciated.

Social Services office hours are Mondays and Wednesdays, 9:00 am - 2:00 pm. Appointments are recommended.

**For more information, or to schedule an appointment, please contact:**

Amy Bonatti, Social Services Coordinator

(860) 434-1605, ext. 228 or email: [socialservices@oldlyme-ct.gov](mailto:socialservices@oldlyme-ct.gov)



## The Old Lyme Visiting Nurse Association

The remodeled Town Nurse Office at the Lymes' Senior Center is looking beautiful. The Center offers membership to residents "55 and better" and all are encouraged to take a look at our new digs!

As our country faces a shortage of healthcare workers, we are happy to announce the names of the Lyme-Old Lyme High School graduates who received Old Lyme Visiting Nurse Association and Mary Hubbard Noyes Memorial Scholarships to pursue healthcare studies. For 2025 the Old Lyme Visiting

Nurse Scholarship winners are Grace Ferman, Hoshena Gemme and Ava Wood-Muller. The Mary Hubbard Noyes Memorial Scholarship winners are Grace Ferman, Hoshena Gemme, Hannah Johnston and Ava Wood-Muller. Congratulations to all of you! For information about the Old Lyme Visiting Nurse Association, please check out our website at [www.oldlymevna.org](http://www.oldlymevna.org).

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## FIRST CONGREGATIONAL CHURCH OF OLD LYME **"ELEPHANTS IN WINTER" AND PARTNERSHIP HOLIDAY SALES | NOVEMBER 15TH & 16TH**

There are going to be *two unique and different sales* held at The First Congregational Church of Old Lyme, 2 Ferry Road in Old Lyme to help all shoppers, young and old, get everything they could possibly need for the 2025 holiday season. Seriously.....gifts and decorations, dinnerware and olive oils, mittens and wrapping paper. Two very different types of sales, held in multiple rooms, over the same two days! Both sales will be held on **Saturday, November 15th (9 am-2 pm) and Sunday, November 16th (9 am-1 pm).**

TBS will be hosting the always popular Elephants-in-Winter sale. All the holiday items collected during the intake days for the White Elephant Sale this past July will be arranged throughout the Fellowship Room and sold at bargain basement prices. If you've come to this sale before, you know from experience the vast assortment of delightful treasures that await. If this will be your first time attending, you will find Christmas decorations, greens, wreaths, holiday china, glassware, linens, sweaters, stockings, toys, books, CD's, DVD's, paper goods, lights, candles, and ornaments.

The Partnership Committees of FCCOL will be hosting their fifth annual Holiday Sale with the Ladies Who Stitch set up in Sheffield Auditorium, and the other partnerships selling their goods in the Partnership Store and the library. Here is your chance to get beautiful, thoughtful and unusual gifts for everyone on your holiday list. There will be Haitian arts and crafts, imported olive oil and soaps, Lakota jewelry and crafts, and (of course) one-of-a-kind handmade items from "The Ladies Who Stitch." Everything for sale is wonderfully unique, and the support provided to the partnerships helps so many.

**All profits from both sales go to support local, national and world-wide charities.**

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There's so much happening at the Phoebe! Visit [oldlymelibrary.org](http://oldlymelibrary.org) for complete details and to reserve your spot.

<sup>1</sup>Registration required.

## Fall Events

### EVENTS FOR ALL AGES

#### Halloween Costume Swap

Collection: September 27 onward  
Costumes available: October 9-31

#### Banned Books Week Kickoff Party

Sunday, October 5, 11 am – 2 pm

#### Haunted Book Cellar

Friday, October 31, 4-8 pm

### CHILDREN'S EVENTS

#### Build Your Own Fairy House<sup>1</sup>

Saturday, October 11, 10 am

### TEEN EVENTS & ACTIVITIES

#### Intro to Chinese Language Series<sup>1</sup>

Thursday, September 18, 15, October 2,  
5:30 pm (grades 7-12 and adults)

#### American Sign Language Intro Class<sup>1</sup>

Tuesday, September 23, 2:30 pm  
(grades 7-12)

#### Halloween Countdown Calendar<sup>1</sup>

Friday, September 26. 2:30 pm  
(grades 6-12)

#### Friday Workdays for the Haunted Book Cellar

Every Friday in October 2:30-4:30 pm  
(grades 8-12)

#### Zombie Makeup FX with Decimated Designs<sup>1</sup>

Saturday, October 18, 12 pm

#### Navigating College Admissions<sup>1</sup>

Wednesday, November 19, 7:30 pm  
(grades 9-12 and parents)

#### Monday Movie Matinee<sup>1</sup>

Monday, November 24, 12 pm  
(ages 12 and up)

#### Teen Advisory Board

Tuesday beginning November 18,  
5 pm (grades 10-12)

Old Lyme Events • Quarter 3 • 2025

### ADULT EVENTS

#### 5th Annual Houseplant Giveaway

Thursday, September 18, All Day

#### The Value of The Estuary<sup>1</sup>

Thursday, September 18, 11 am

#### OLCC Series: Black Bears in CT<sup>1</sup>

Wednesday, September 24, 6 pm

#### The Pirates of Penzance: Flying the Flag of Fun<sup>1</sup>

Saturday, September 27, 11 am

#### Florence Griswold and the Old Lyme Artist Colony<sup>1</sup>

Wednesday, October 1, 6:30 pm

#### Halloween Loop Yarn Wreath Workshop<sup>1</sup>

Saturday, October 4, 11 am

#### OLCC Series: Coyotes in CT<sup>1</sup>

Wednesday, October 8, 6 pm

#### The Value of Bats<sup>1</sup>

Wednesday, October 15, 6:00 pm

#### Native Seed Gathering<sup>1</sup>

Saturday, October 18, 11 am

#### Paranormal Experiences with the Warren Legacy Foundation<sup>1</sup>

Wednesday, October 22, 6:30 pm

#### Meditative Movement and Relaxation Workshop<sup>1</sup>

Wednesday, November 5,  
6:00 pm

#### Relating to Different Generations<sup>1</sup>

Wednesday, November 12,  
6:30 pm

#### Holiday Loop Yarn Workshop<sup>1</sup>

Saturday, November 29, 11 am

#### Evergreen Tabletop Tree Workshop<sup>1</sup>

Monday, December 1, 12 pm

### Book Discussions<sup>1</sup>

Faraway Fiction: Wednesday,  
September 17 & November 19,  
6:30 pm

Contemporary Classics (virtual):  
Monday, October 6, &  
December 8, 7 pm

Phoebe's Morning Chat: Thursday,  
October 9, November 13, 11 am

Dark Nonfiction: Tuesday, October 14,  
6:30 pm

### Virtual Author Talks<sup>1</sup>

Gabe Henry: Wednesday, September  
17, 2 pm

### MahJongg Club

Every Wednesday, 1-3:45 pm

### Phoebe's Morning Meditation

Every Friday, 10 am

### Writers' Studio<sup>1</sup>

Alternating Tuesdays, 5 pm

### PHOEBE'S BOOKCELLAR

BookCellar hours are Wednesdays 10  
am - 4 pm and Saturdays 9:30 am -  
1:30 pm. Stop in to shop, drop off book  
donations, or become a volunteer. All  
proceeds benefit the Library.





**The Lymes' Senior Center reopened their doors on May 5th and are open Monday-Friday from 9-3 pm with some additional early morning and night and weekend classes.** If you wish to join or rejoin the senior center, please stop by. Also, we are now serving lunch 5 days a week at 12 pm. This is a great way to enjoy a hot meal and meet new people. Please note pre-sign up and a Form 5 need to be completed first. Feel free to call us at (860)434-1605 ext. 240 or 241 or stop by for more information. Meals are just a \$3.00 suggested donation. Listed below are some, but not all of our current offerings. Feel free to check out our website at [www.oldlyme-ct.gov/398/Lymes-Senior-Center](http://www.oldlyme-ct.gov/398/Lymes-Senior-Center) for more information.

### TRIPS

The Lymes' Senior Center has day trips that go on throughout the year. You must be a member to sign up for trips. More information on trips can be found on the Old Lyme Town Hall Webpage.

#### **A Sweet Ride Aboard the Naugy Scenic Train!**

Friday, October 17th, 2025. Cost: \$146 per person

#### **Covered Bridges of New Hampshire.**

Thursday, October 30th, 2025. Cost: \$149 per person

#### **New York Botanical Garden Holiday Train Show.**

Saturday, November 22, 2025. Cost: \$134 per person

#### **"Christmastime" Reagle Music Theatre Players.**

Saturday, December 6th, 2025. Cost \$184 per person

#### **Kenny & Dolly - A Smoky Mountain Christmas.**

Wednesday, December 10th, 2025. Cost: \$140 per person

### EXERCISE CLASSES

Must be a member to register; all classes meet once a week. To register, call (860)434-1605 ext. 241 or email [seniorcenter@oldlyme-ct.gov](mailto:seniorcenter@oldlyme-ct.gov).

**Why Weights** - Mondays, Wednesdays & Thursdays at 8:30 am, Fridays at 7:30 am. Cost \$5 per class

**Chair tai Chi** - Mondays at 10:30 am. Cost Free

**Tai Chi with Alex** - Tuesdays at 8:30 am Cost \$32 - 4 weeks / \$40 - 5 Weeks

**Sit N Be Fit** - Tuesdays at 10:30 am Cost Free

**Tap Class** - Tuesdays at 2:45 pm Cost \$5 per class

**Mind-Body Movement Class** - Tuesdays at 5:30 pm & Thursdays at 10 am Cost \$5 per class

**Ballroom Dancing** - 2nd Wednesday of the Month at 10 am Cost Free

**Anything Goes Yoga** - Wednesdays at 10:15 am Cost \$5 per class

**Slow Yoga** - Wednesdays at 5pm (Resumes September 24th) For prices visit [www.lynnmccarthyoga.com](http://www.lynnmccarthyoga.com)

### Super-Agers: Low Impact Class

Wednesdays at 6:30 pm (Resumes September 24th). For prices visit [www.lynnmccarthyoga.com](http://www.lynnmccarthyoga.com)

**Tai Chi with Ted** - Thursdays at 4 pm. Cost \$5 per class

**Zumba Gold** - Thursdays at 5:30 pm. Cost \$5 per class

**Rock What You Got Low Impact Class** - Fridays at 9 am. Cost \$5 per class

**4S Class** - Fridays at 10:15 am. Cost Free

**Country Line Dancing** - Fridays at 10:15 am. Cost Free

### Saturday Yoga

Saturdays at 9 am (Resumes September 27th). For prices visit [www.lynnmccarthyoga.com](http://www.lynnmccarthyoga.com)

### SPECIAL PROGRAMS AND EVENTS

Call (860)434-1605 ext. 241 to register, to become a member, or for more information.

#### **Stress & Disease Prevention Presentation**

Wednesday, September 10th, 2025 at 1 pm

#### **Memorial Brick Dedication Ceremony**

Tuesday, September 16th, 2025 at 1 pm

#### **Quarterly Paper Quilling**

Wednesday, September 17th, 2025 at 1 pm

#### **"Dr. Suess" Historical Lecture**

Monday, September 22nd, 2025 at 1 pm

#### **Beginner Tech Workshop- How to Store your Loyalty Cards** | Monday, September 22nd, 2025 at 2 pm

#### **Exercise Expo & Demo Night**

Tuesday, September 23rd, 2025 at 5 pm

#### **90+ Tea & Celebration**

Tuesday, September 30th, 2025 at 1 pm

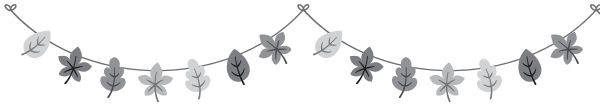
#### **"Famous Ghost Ships" Historical Lecture**

Wednesday, October 1st, 2025 at 1 pm

#### **Guided Meditation & Reiki Energy Session**

Monday, October 6th, 2025 at 10 am





### **"Rightsizing" Presentation**

Tuesday, October 7th, 2025 at 1 pm

### **Owls of Connecticut Presentation**

Wednesday, October 8th, 2025 at 1 pm

### **Repurposing our Old Wardrobe**

Thursdays, October 9th, 16th, 23rd & 30th, 2025

### **Tips to Manage Anxiety**

Wednesday, October 15th, 2025 at 1 pm

### **Super-Aging Workshop**

Tuesday, October 21st, 2025 at 1 pm

### **Medicare Update Seminar**

Wednesday, October 22nd, 2025 at 1 pm

### **"Cryptids" Historical Lecture**

Monday, October 27th, 2025 at 1 pm

### **Beginner Tech Workshop**

Monday, October 27th, 2025 at 2 pm

### **Trick or Treat on Aging Presentation- Come for the "Spooky" Dessert and stay for the fun program Presented by Focus Homecare and Graceful Transitions**

Tuesday, October 28th, 2025 at 12:30 pm

### **Joe Mac and Friends Entertainment**

Wednesday, October 29th, 2025 at 1 pm

### **Halloween Lunch & Party**

Friday, October 31st, 2025 at 12 pm

### **Fall prevention and Safety in the Home Presentation**

Tuesday, November 4th, 2025 at 1 pm

### **"Stanford White- Architect" Historical Lecture**

Wednesday, November 5th, 2025 at 1 pm

### **Super-Aging Workshop**

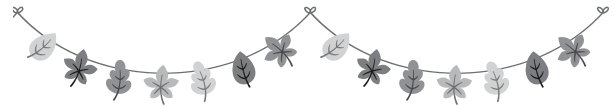
Tuesday, November 18th, 2025 at 1 pm

**OLD LYME TOWN HALL • 860-434-1605**

**www.oldlyme-ct.gov**

#### *Old Lyme Municipal Departments*

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectmen	Martha Shoemaker	434-1605 x211
Board of Selectmen	Jim Lampos	434-1605 x212
Board of Selectmen	Jude Read	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Anita Manicini	434-1605 x232
Ledge Light Health District		434-1605 x214 860-448-4882
Parks and Recreation	Don Bugbee	434-1605 x235
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Jennifer Datum	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Amy Bonatti	434-1605 x228
Tax Collection	Suzanne Thompson	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Matt Ward	434-1605 x232
Zoning Enforcement	Eric Knapp	434-1605 x225
Harbormaster	Matthew B. Lynch	860-625-3625
Police		860-434-7080
<b>OTHER AGENCIES</b>		
Library	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208



### **Drug-Free Approaches to Managing Pain**

**Presentation** | Wednesday, November 19th, 2025 at 1 pm

### **"Chicago Fire" Historical Lecture**

Monday, November 24th, 2025 at 1 pm

### **Sam Gavish Accordion Performance**

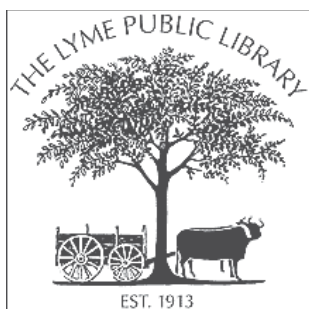
Tuesday, November 25th, 2025 at 1 pm

## **Notify ME®**

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Notify Me® is one of our new website's features. You can sign-up to receive town boards and commissions minutes and agendas. Stay informed on your areas of interest. Scan this QR code to access the Town's website or visit <https://oldlyme-ct.gov>. You no longer need to create an account, just sign up with your email or cell phone number. The information you choose to receive can be sent to you via an email or a text message to your cell phone.





# The Lyme Public Library

## *Connecting Our Community to the World*

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## Upcoming Events at the Lyme Library

### **"The Sweet Spot" the Lyme Library's Coffee Cafe**

Tuesday, October 7, November 4  
@ 10:30 am

Lyme Public Library Community Room  
Join your friends and family at "The Sweet Spot", the Lyme library's cafe which meets at the library every first Tuesday of the month from 10:30 AM to 11:30 AM. All refreshments are free.

### **Shell & Bee Studio Art Class Series- Afternoon Art**

Tuesday, October 7, November 4 @  
4:00-5:00 pm

Lyme Library Community Room  
To register email [programreg@lymepl.org](mailto:programreg@lymepl.org) or call 860-434- 2272

Join Ms. Marissa of Shell & Bee Studio as she leads a fun and creative afternoon class for elementary school students grades 1-5.

### **The Lyme Library Chess Club**

Tuesday, October 7, November 4  
@ 7:00-8:00 pm

Lyme Library Periodicals Room  
Email [Programreg@lymepl.org](mailto:Programreg@lymepl.org) to register for the event

If you want to learn how to play or if you are looking for advanced players to play chess with, the Lyme Library Chess Club welcomes all levels. Chess boards are supplied by the library.

### **Preschool Storytime**

Wednesday, September 17  
@ 10:30-11:15 am

Lyme Library Community room and Children's room

Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
For children aged infant to 4. Discover what it is like to visit the library! Join Ms. Natalie for books, songs and a craft. Caregivers can check out books to take home to continue the fun of the library visit.

### **Intermediate Yoga with Chrissy**

**Carter** | Thursday, September 18, 25,  
October 2, 9, 16, 23, November 6, 13,  
20 @ 10:30 am

### **Lyme Library Community Room**

To register call 860- 434- 2272 or email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
The Lyme library is honored to have internationally known yoga instructor and teacher Chrissy Carter appear for a series of "intermediate" yoga classes at the library. These classes are for participants who have prior experience with yoga who wish to take their practice to a gentle "next level" and build strength and mindfulness through their yoga regime. \$10.00 per class paid to the instructor.

### **Yoga and Meditation with Red Barn Yoga**

Friday, September 19, 26, October 3,  
10, 17, 24, 31, November 7, 14, 21, 28 @  
11:15 am

### **Community Room**

Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
Instructors from Red Barn Yoga of Lyme will be conducting yoga and meditation classes at the library. \$10.00 per class paid to the instructor at the door. Participants should bring yoga mats if they have them, but a limited number of mats will be made available. Experience with yoga and meditation is not necessary to participate. This will be a relaxing and invigorating way to start the weekend off right.

### **Racial Equity Book Club (Zoom)** **Malcolm X (a Spike Lee Film)**

Tuesday, October 14 @ 5:30 pm -

Tuesday, November 11 @ 5:30 pm - **The New Jim Crow: Mass incarceration in the age of colorblindness by Michelle Alexander**

Location: Zoom

Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)

To investigate how race, racism and white supremacy impacts our lives and our culture the Lyme Library Racial Equity Book Club meets once a month via Zoom to discuss books, films, and poetry on race in America.

### **The Friends of the Lyme Library Annual Book Sale**

Lyme Library Community Room  
The Friends of the Lyme Library will be hosting their annual book sale. Opening day, **Thursday, September 11th** is for Lyme residents only and runs from **4:00-7:00 pm**, **Friday, September 12th** from **4:00-7:00 pm** and **Saturday, September 13th** from **10:00 am to 4:00 pm**.

### **As the Page Turns-Lyme Library Book Club**

Friday, September 19, October 17,  
November 21 @ 1:00 pm

Lyme Library Community Room  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
A collaborative program between the Lyme Public Library and the Lymes' Senior Center. The book of the month can be picked up at the Lyme Library's circulation desk.

### **Cool-ology Wonder Tots**

Saturday, September 20 @ 11:00 am-  
12:00 pm - Insects

Saturday, November 21 @ 11:00 am -  
12:00 pm - Thanksgiving Science

Lyme Library Community Room  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
For children ages 3-6, Cool-ology® Wonder Tots provides hands-on, inquiry-based learning experiences aimed at getting kids really excited about science, engineering, STEAM connections, and the world around them! These active, social, creative lessons help kids begin to understand how the world works in a fun and educational way. Each session, children will explore a captivating, hands-on, inquiry-based science or engineering topic.



## **"Twice Told Tales" with Janet Roach**

Lyme Library Community room  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)

Tuesday September 23 @ 6:00 pm  
"Philadelphia Story" (directed by George Cukor) starring Cary Grant, Katherine Hepburn and James Stewart. A romantic comedy in which a rich divorcee (Hepburn), her ex-husband (Grant) and a tabloid-type reporter (Stewart) all clash together sparking emotional fireworks on the eve of her remarriage.

Tuesday, October 7 @ 6:00 pm  
"High Society" (directed by Charles Walters) starring Bing Crosby, Grace Kelly and Frank Sinatra. A musical comedy version of last session's Philadelphia Story in which a rich divorcee (Kelly), her singing and songwriting ex-husband (Crosby) and a tabloid-type reporter (Who has one heck of a voice for a reporter! (Sinatra)) all come together on the eve of her remarriage. All this while singing and dancing to the fantastic songs and lyrics of Cole Porter. *Tonight's program includes a potluck dinner. Bring along a dish we can all share, if possible. The library will provide drinks and dinnerware.*

Tuesday, October 21 @ 6:00 pm  
"Yojimbo" (directed by Akira Kurosawa) starring Toshiro Mifune, Tatsuya Nakadai and Yoko Tsukasa. In tonight's film a ronin (a drifting samurai with no lord, master or moral elgance) arrives in a small town where competing crime lords are fighting for control and supremacy within the town while terrorizing the townsfolk.

Tuesday, November 4 @ 6:00 pm  
"A Fistfull of Dollars" which was directed by Sergio Leone and stars Clint Eastwood. This film initiated the film genre known as the "spaghetti western" and was the first in a series of films Leone did with Eastwood. The plot involves a stranger (Eastwood) who arrives in a small frontier town called San Miguel where he learns of a feud involving two smuggler families named the Rojos and the Baxters. Attempting to financially benefit by exhorting money by pitting the two families even more deeply against each other, the stranger's plan soon becomes more deadly and emotional to him. *Tonight's program includes a potluck*

*dinner. Bring along a dish we can all share, if possible. The library will provide drinks and dinnerware.*

Tuesday, November 18 @ 6:00 pm  
"The Great Gatsby" (1974) directed by Jack Clayton with a screenplay written by Francis Ford Coppola and starring Robert Redford, Mia Farrow and Sam Waterson. This version of the Great Gatsby has a soft visual romanticism which counters the emotional darkness of the "lost generation" of World War I which is depicted in the novel by F. Scott Fitzgerald on which the film is based.

"Twice Told Tales" is back!! Join us for a wonderful evening of entertainment, and community connection when local academy-award winning screenwriter, Janet Roach, walks us through some of her favorite films. In "Twice Told Tales" we will be featuring two different movies over the course of two sessions that feature similar plots but have been created by two different directors and are based on two different screenplays. At the end of the second week's film we will be having a potluck dinner where we can talk about movies or whatever else is on your mind and share with old friends and new ones through the magic of filmmaking.

## **One-Day Retreat: Rebalance and Reconnect with Lisa Terenzio**

Saturday, September 27 @ 9:00 am-4:00 pm  
Lyme Library Community Room and library grounds  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
Have you ever wanted to spend time at a day-long yoga and meditation retreat center? Well the Lyme Library has you covered for free!! Lisa Terenzio will be leading a day long "Rebalance and Reconnect" retreat from 9:00 am to 4:00 pm where we'll be doing yoga and meditation, learning about Ayurveda and having a delicious Ayurvedic lunch, participating in a walking meditation, practicing Yoga Nidra and doing reflective journaling. All supplies and refreshment will be provided, but if you have a yoga mat please bring it along (the library has a limited supply). Treat yourself to this powerful and life-changing day of learning and relaxation. Limited to 10 participants.

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### **Stitch Craft Club**

Saturday, September 27, November 22  
@ 12:30-2:00 pm

Lyme Library Periodicals Room  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
Join the Lyme Library Stitch Craft Club and practice your "stitchcraft" in the company of link-minded stitchers. If you enjoy knitting, embroidery, crochet, cross stitch, quilting or any other form of easily portable hand crafts join us on the 4th Saturday of each month from 12:30-2:00 pm at the Lyme Library in the Periodicals Room to share your projects, good company, and refreshments around the fireplace. This is the perfect opportunity to gain experience and expand your creativity by sharing with others.

### **Lyme Library American Mah Jongg Club**

Tuesday, September 30,  
November 25 @ 6:00-

8:00 pm

Lyme Library Community room

Register email  
[programreg@lymepl.org](mailto:programreg@lymepl.org)

Meetings take place on the last Tuesday of each month from 6:00-8:00 pm. Previous experience playing Mah Jongg is preferred.

### **Lyme Library Trivia Night Club**

Thursday, October 2 @ 7:00 pm  
Lyme Library Community Room  
To register call 860- 434- 2272 or email [programreg@lymepl.org](mailto:programreg@lymepl.org)  
Meeting every first Thursday of the month @ 7:00 pm joining the Lyme Library Trivia Club is a terrific way to increase your knowledge of esoteric facts, and bragging rights but is an easy way to reconnect with family, old friends and have a chance to make new friends.

### **Introduction to Tai Chi & Qigong Easy with Jennifer King**

Saturday, October 4th @ 2:00 pm

Saturday, November 1 @ 2:00pm

Location: Community Room

Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)

Come learn and practice easy and gentle Tai Chi and Qigong movements as well as breathing exercises to help enhance your balance and strength while cultivating a sense of inner calm and well-being. Leave feeling centered and refreshed! Our practice will include standing movements as well as a final guided relaxation while seated on chairs. No previous Tai Chi or Qigong experience is required. Wear loose comfortable clothing. Practice will be conducted barefoot or in flexible shoes or sneakers.

### **Lyme Public Library Cookbook Club**

Saturday, October 11,

November 8 @ 1:00 pm

Lyme Public Library's Program Room  
Register email [programreg@lymepl.org](mailto:programreg@lymepl.org)

Every month the Lyme Public Library hosts a cookbook club where the participants will be using recipes from a particular cookbook (chosen by the participants at the previous month's meeting) and making items to share with the group. This is a "tasty" book club where you can build your culinary skills and share with others.



## **Special Needs Registration Form**

In order to provide the highest level of assistance during an emergency or an evacuation, the Office of Emergency Management is asking residents to pre-identify themselves in the event of needing special assistance during an emergency.

If you, or if you know of someone who, may need transportation or any other assistance during an emergency, please fill out his special needs form and return the form to:

**Old Lyme Emergency Management**  
52 Lyme Street, Old Lyme, CT 06371

In the event of an emergency, local emergency workers will contact you.  
<https://www.OLDLYME-CT.GOV/DocumentCenter/View/133/Special-Needs-Registration-Form-PDF>



# The Old Saybrook Rotary Club

## Shredding Event

Start gathering all those unwanted documents, papers, old tax returns and other items as the Rotary Club returns for another day of SHREDDING on Saturday, September 27th, from 9:00 am - noon at the Old Saybrook High School Parking Lot. There is a donation of \$10.00 per box and the event take place rain or shine. Proceeds from this fundraising event will go to support the towns of Lyme/Old Lyme, Old Saybrook and Westbrook. For more info contact John Aforismo at [johnaforismo07@gmail.com](mailto:johnaforismo07@gmail.com) or at 860 794 5009.

## 2025 Walk to End Alzheimer's Eastern Connecticut

Come support the Alzheimer's Association during their annual walk at Ocean Beach Park in New London (98 Neptune Ave.) on Saturday, September 27th. You can walk with your Old Saybrook Rotary Club Team members. The event opens at 9:00 am,

ceremony at 10:00 am, and the walk at 10:30 am. The route length is just 2 miles! Please support the Old Saybrook Rotary Club's team. Visit the Walk to End Alzheimer's page at [alz.org](http://alz.org) and search teams for Old Saybrook Rotary.



Memorial Day Parade. Courtesy of Old Saybrook Rotary FB

## MACARONI Dinner

The 6th annual Macaroni Dinner takes place on Sunday, October 19, 2025, from 12:30-4:00 pm at the Clark Memorial Field (Fireman's Field, 210 Elm St.) Old Saybrook. The menu includes macaroni, meatballs, sausage, salad and dressing, grated cheese, bread, and dessert. Everything for a complete meal. Adult prices are \$15.00 while children (12 & under) are \$10.00.

Tickets are available for purchase from any OS Rotary Club member, at Northeast Medical Products (520 Boston Post Rd., 860-388-1437) OR at [OSRotary.org](http://OSRotary.org). For more info contact John at [johnaforismo07@gmail.com](mailto:johnaforismo07@gmail.com) or 860-794-5009.

*Proceeds from this dinner support college/vocational scholarships for graduating seniors, the 3rd grade Dictionary Program, delivering meals to senior citizens, as well as other worthy community service projects in the towns of Lyme/Old Lyme, Old Saybrook, and Westbrook.*

*Continued on page 28*



## Join Us on our mission!

*The mission of the Old Lyme Historical Society, Inc., is to collect, preserve, interpret and promote the rich history of Old Lyme, Connecticut and its environs for the benefit of residents and visitors.*

*Become a member today.*  
Learn more. Visit [OLHSI.org](http://OLHSI.org)



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We look forward to meeting you!

### Rotary Service Above Self Awards

The Rotary Club proudly announces the creation of the annual "Service Above Self" Award to students in the elementary and middle schools in Lyme/Old Lyme, Old Saybrook and Westbrook. The recipient exhibits "Service Above Self," helps others in school and community, is a leader, and promotes positive change that is beneficial to all concerned. Students were selected by their teachers at each of the schools. Mile Creek School: Benjamin Bushnell, Lyme School: Kaia Vigen, Lyme/Old Lyme MS: Charlotte Sanford, Goodwin School: Skye German, Old Saybrook MS: Rosalin Gehret, Daisy Ingraham: Carter Brown, and Westbrook MS: Gabriel Longo. Congratulations to our future Rotarians!

### NON-TRADITIONAL EDUCATIONAL SCHOLARSHIP

The OS Rotary Club, in partnership with Middlesex Community College (MCC), will be assisting non-traditional students who are working to complete technical programs or to earn a technical license, but are seeking financial support. The scholarships are available through MCC for students who are at least 25 years old, reside in Old Lyme, Old Saybrook and Westbrook, and are enrolled in a workforce development certificate program. Interested students should contact Middlesex Community College for more information.



## Old Lyme Historical Society

*Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.*

**A dry summer has been good for beach-goers if not so easy for gardens.** Still, it's hard to argue with a beautiful summer here in Old Lyme. As we make ready for fall, we hope you'll join OLHSI for these upcoming events.

**Saturday, October 4 (9:00-1:00) & Sunday, October 5 (9:00-Noon)** our **Fall Plant Sale** at 55 Lyme Street.

Choose from an array of late-blooming annuals, perennials, and landscaping plants at great prices!

**Friday, October 31 (4:00-6:00pm)** OLHSI will join our neighbors on Lyme Street in celebration of **Halloween**. The early evening is a procession of the most amazing collection of princesses, monsters, and fantastic beings of all sorts. If you have little ones, we highly recommend a stroll by 55 Lyme Street.

**Thursday, November 13 (4:00-6:00 pm)** join us for light refreshments at the **Launch Party** for our new, 2026 *Community Calendar* at 55 Lyme Street.

CT DCP Registration #HCA394



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**Saturday, November 22 (Noon lecture, with hike to follow)** In an event hosted jointly by OLSHI and the Old Lyme Land Trust, Markham Starr will give a lecture at 55 Lyme Street on Native American Stonework, followed by a guided walk in the OLLT's nearby Griswold Preserve where he will point out examples of these interesting structures and assemblages created centuries ago by native peoples.

**Saturday, December 6, 12 pm-4 pm: Holiday Market,** featuring handcrafted gifts by the *Lyme Artisans Guild* and *Duck River Garden Club*.

**Saturdays in December (6, 13, 20),** OLHSI will once again be at the **Post Office** on Halls Road at **mid-day** offering a selection of books and other items that make perfect **gifts** for friends who love Old Lyme and its history.

For details on these and other happenings of the Old Lyme Historical Society, please see our website.



[drawing: Edie Twining Design]

**OLD LYME HISTORICAL SOCIETY, INC.**

55 Lyme St., P.O. Box 352, Old Lyme, CT 06371 860-434-0684  
www.olhsi.org  
info@oldlymehistorical.org

## Old Lyme Conservation Commission

### The Importance of the Connecticut River Watershed and Its Estuaries

Watersheds are areas of land where all the water drains into a common point, such as a river, lake, or ocean. They can encompass large regions and include rivers, lakes, and groundwater.

Estuaries are created where watersheds meet the ocean, resulting in a dynamic ecosystem where river flows mix with ocean tides. They provide food and shelter for various species, including humans.

The Connecticut River is the longest river in the New England region of the United States, flowing roughly southward for 406 miles through four states. It rises 300 yards south of the U.S. border with Quebec, Canada, and discharges into Long Island Sound between Old Saybrook and Old Lyme, Connecticut. Its watershed encompasses 11,260 square miles, covering parts of five U.S. states and one Canadian province, via 148 tributaries, 38 of which are major rivers. It produces 70% of Long Island Sound's fresh water, discharging at 18,400 cubic feet per second.

*Continued on page 31*



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Continued from page 29

Watersheds perform crucial ecological functions. They are the source of our drinking water, provide habitats for wildlife, support agriculture by providing water for irrigation, and offer recreational opportunities such as fishing, boating, and swimming. Healthy watersheds also play a role in flood control and water purification. However, watersheds can easily be impacted by human activities, including deforestation, urbanization, and pollution. Therefore, proper land management within a watershed is vital to protect water quality and overall ecosystem health.

Estuaries are essential for biodiversity, providing breeding, feeding, and refuge areas for a large array of species. They act as natural filters, trapping sediments and pollutants before they reach the open ocean.

The relationship between a watershed and its estuary is a critical one. The health of an estuary is directly impacted by the activities and land use within its watershed. Pollution, such as agricultural runoff containing fertilizers and pesticides, and excessive sediments from construction or deforestation, can all negatively affect an estuary's water quality and ecosystem. Therefore, effective watershed management is crucial to preserving the health and productivity of estuaries. Upstream actions have downstream consequences.



**As autumn begins**, the Lyme Art Association is the place to be for heartwarming art, celebratory events, and enjoyable educational experiences.

The Lyme Art Association (LAA) is kicking off the harvest season with wonderful exhibitions. On view from **September 19 - November 6** is LAA's member show, *New England Landscape*. This annual show celebrates the warm and colorful loveliness of East Coast landscapes, and is running concurrently with The American Artists Professional League's *Timeless* show. These shows are followed by the festive *Deck the Walls*, which is a holiday favorite, and a guest show of attractive 3-D art from the Society of Connecticut Sculptors. Plus, new this year is *Inside Story*, which invites viewers into the interior spaces that shape our daily lives. These three shows are on view from **November 14 - January 1**.


In addition to its exhibitions, LAA has delightful events that are sure please all ages. On **September 6** is *Paint the Town*, LAA's paint out event that includes plein air painting by its members from dawn to dusk in Lyme and Old Lyme,


Continued on page 33




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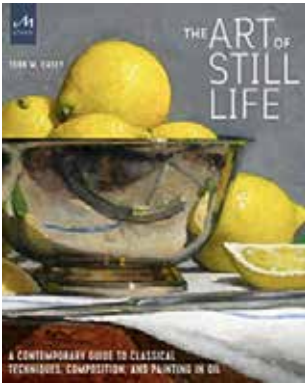
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\*Source: William Pitt Sotheby's International Realty 2020-24 Awards Recognition, Old Lyme Brokerage. Each Office is Independently Owned and Operated. 🏠





Continued from page 31

followed by an art sale, an award ceremony, and a reception for the community. On **October 16**, LAA celebrates 10 years of *Palate to Palette*, its delicious and art-filled fall fundraiser. Lastly, *Pumpkin Day*, LAA's festive fall event for families, returns on **October 25** with art activities for all ages.

This autumn, LAA is offering a plethora of painting and drawing programs, and is happy to announce the return of many of its class and workshop instructors, including Howard Park, Lisa Miceli, Catherine Puccio, Eileen Eder, Jeanne Carol Potter, Diana Rogers, Betsy Barry, and Mike Laiuppa! Plus, LAA is excited to welcome some new instructors for our Online Natural Science Illustration Courses. Lecturer Bob Potter returns with a Winslow Homer talk on **September 27**, and artist Todd Casey presents a two-part book signing & talk on still life and color on **October 18 and November 1**.

Whether it is an exhibition, a class or an event, this fall come discover why the Lyme Art Association is known as the place "where art lives."

#### About the Lyme Art Association:

Founded in 1914 by the American Impressionists, the Lyme Art Association continues the tradition of exhibiting and selling representational artwork by its members and invited artists, as well as offering art instruction, lectures, and other public programs to the community. The Lyme Art Association is located at 90 Lyme Street, Old Lyme, CT, in a building designed by architect Charles Adams Platt. Admission is free with contributions appreciated. Gallery hours are Tuesday - Sunday, 10am - 5pm, or by appointment. For more information, visit our website [www.lymeartassociation.org](http://www.lymeartassociation.org) or call (860) 434-7802.

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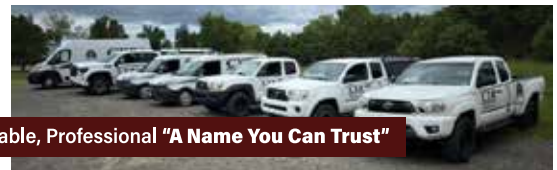


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Head to the annual Harvest Festival at Christ the King Church, which takes place on **Saturday, September 20 and Sunday, September 21.** Doors open at 8:30 am on September 20, and the fair will run Saturday until 3 pm. (Sunday's hours are 9am to Noon.)

The 2025 Harvest Festival at Christ the King Church offers something for everyone! Start your day browsing the bargains at the gigantic King's Rummage Sale, where you'll find housewares and kitchen items; books, CDs and DVDs; holiday decorations; fabulous furniture; jewelry; artwork; toys; and more! Let the kids try their luck at the outdoor games, such as soccer kick, hockey

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shot, and bowling, while you bid on creative themed baskets, gift certificates, original artwork, and unique items at the Silent Auction. Come hungry so you can enjoy lunch served up by the Men's Club —and live entertainment from talented local musicians! Then pick out a tasty treat from the homemade goodies at the Bake Sale! But don't go home without stopping by the Fall Plants & Produce stand on your way out, and choose some pumpkins, mums, or ornamentals for your front porch. If you can't get there Saturday, you can still check out the Rummage Sale, Plant Sale, and the Silent Auction on Sunday

morning, September 21, from 9 am until noon. (On Sunday, most Rummage Sale items will be half price!)

### As always, admission to Christ the King's Harvest Festival is FREE!

Christ the King Church is located at 1 McCurdy Road in Old Lyme. Visit our website at [www.christthekingchurch.net](http://www.christthekingchurch.net) for directions. And follow us on Facebook (@ChristtheKingChurchOldLyme) for regular updates! For more information, email [ctkharvestfestival@gmail.com](mailto:ctkharvestfestival@gmail.com) or call 860-434-1669.

**CHRIST THE KING'S RUMMAGE SALE NEEDS YOUR DONATIONS!** Donations for the King's Rummage Sale will be accepted September 3–13, 9 am to noon (except Sunday Sept. 7), plus some evening hours: 5–6:30 pm on Sept 4 and Sept 11. Please bring your gently used donations to the church hall entrance in the Christ the King complex. Note: All donated items must be clean, in good condition, and saleable.

No clothes, shoes, or textbooks, except: This year we ARE accepting winter coats only for the St. Vincent de Paul Coat Drive. (Please visit [www.christthekingchurch.net/harvest-festival](http://www.christthekingchurch.net/harvest-festival) for a complete list of items we cannot accept.) Email [CTKHarvestFestival@gmail.com](mailto:CTKHarvestFestival@gmail.com) or call the parish office (860-434-1669) if you have large or upholstered items to donate or have any questions.



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### COUNSELING SERVICES FOR L/OL YOUTH

LYSB provides support and therapy for youth and adolescents in a warm, welcoming, judgment-free zone. Our counselors help strengthen family functioning, and support children and families working through life's challenges, including stress, peer pressure, divorce, emotional and behavioral issues, anxiety, grief, substance abuse, depression, anger management, chronic illness or disabilities, trauma, and life transitions. Clients are charged fees on a sliding scale. All inquiries are confidential. Contact LYSB at 860-434-7208.

### LYME-OLD LYME PREVENTION COALITION

Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting for new information and an opportunity to build a safer community for our youth. Meetings are virtual on ZOOM with the dates/times available on our website [www.lysb.org/prevention](http://www.lysb.org/prevention)

### DRUG TAKE BACK EVENT

On Saturday, October 25, from 10 am to 2 pm at the Lyme Street Fire House, 69 Lyme St., Old Lyme, Lymes' Youth Service Bureau (LYSB) and the Lyme-Old Lyme (LOL) Prevention Coalition will give residents another opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription and over-the-counter drugs. ***This event is free and anonymous — no questions asked.***

### CAR SEAT INSTAL & SAFETY CHECK EVENT

Is your child's car seat installed correctly? Saturday, October 25, from 10:00 am to 2:00 pm at the Lyme Street Fire House, 69 Lyme Street. LYSB and Old Lyme Police are hosting this event for parents, grandparents, and community members. Reservations are required at [www.lysb.org/carseat](http://www.lysb.org/carseat).

### PLAYGROUPS!!! at Lymes' Youth Service Bureau

Starting in September. Too much to list here!

- Pre-PreSchool Playgroup
- Music with Miss Kaite
- Weekend Playgroup
- Grandparents Group
- Sensory Playgroup
- Babies Group



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LYSB offers a variety of playgroups based on child's age and interest. For a full description of our groups visit our website [www.lysb.org](http://www.lysb.org). LYSB is always looking for new facilitators for playgroups. Let us know if you're interested!



### YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday 7:00-8:00 pm. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us, fun is guaranteed! Register at [www.lysb.org](http://www.lysb.org)

### JR. YAC (Youth Advisory Council)

First Wednesday of the Month, 6:00 to 7:00 pm.

Jr. YAC is a community service group open to all middle school students interested in helping out within their community. Jr. YAC members will work alongside High School Youth Advisory members on a variety of community service events that come our way. This program is free but all participants must register. Space limited. Register at [www.lysb.org](http://www.lysb.org)

### MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday 2:15-4:00 pm at LYSB. This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$100/year. Register online at [www.lysb.org](http://www.lysb.org).

### HALLOWEEN PARTY & COSTUME PARADE

Friday, October 31. Party 5:00-6:00, Costume Parade 6:15  
LYSB hosts an annual Halloween Party for children ages 12 months through 2nd grade. This is a free, fun family event offering games, crafts, photo booth fun, face painting, and more. All "little goblins" must be accompanied by an adult. The traditional costume parade will leave the firehouse at 6:15 p.m. when all party participants can march down Lyme St. behind a fire truck!

*Continued on page 38*



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Continued from page 37

### **GIRLS CIRCLE**

An empowerment program for girls. For Grades 6 to 8: Three Mondays, October 6, 20, & 27, 2:15-4:00 pm.

*"The shortest distance between isolation and belonging is a Circle."* Join us each week for a new theme and activity designed to increase girls' self esteem, body image, and social support. During this program girls will:

- \*Develop connections and feel included
- \*Build strong interpersonal skills
- \*Strengthen self-care and well-being, even under stress
- \*Dissolve barriers to respect, confidence, and empathy
- \*Nurture friendships

Fee \$50, scholarships available. Register at [www.lysb.org](http://www.lysb.org)

### **SITTER SAFETY CLASS**

Mondays: November 3, 10, 17, 2025, 2:10 to 4:00 pm.

An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers.

### **CPR FOR BABYSITTERS**

Friday, November 21, 2:10-3:30 pm.

Add this valuable class to your LYSB babysitter's

course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this class. Class cost is \$55 and awards a Certificate of Completion. Scholarships available.

### **LYSB HOLIDAY PARTIES**

Sunday, December 7th, 5:00-7:00 pm.

LYSB's annual fundraiser that brings neighbors together to celebrate the beginning of the holiday season while raising funds for our holiday giving program. 30 simultaneous parties throughout Lyme and Old Lyme are now being planned and we want to make sure you get an invitation. If you are interested in hosting a party, or adding your name to the invite list, please contact us at 860-434-7208 x0.



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