

## Summary of Rogers Lake Summer Rowing Activities, 2016

1. **Blood Street Sculls Junior Rowing**, June 20 – August 5 (7 weeks). Practice times 6 am – 8 am. This will be the busiest time, with approximately 50 juniors rowing. All coaches have been instructed to be courteous and quiet on the water, per our “*Row Fast, Row Quietly*” initiative.
2. **Blood Street Sculls masters rowing**, most weekday mornings 6 am – 8 am. Starting 7 am on Saturday and Sunday. Small number of masters rowers also Tuesday and Thursday evenings, 6 -8 pm.
3. **Learn to Row programs:**
  - Adult/High School LTR programs. Four 2-week sessions, meeting 6 pm, M-W-F. Small number of rowers, who will stay fairly close to the boathouse at low speeds.  
  
Session 1: June 13 through June 24  
Session 2: June 27 through July 8  
Session 3: July 11 through July 22
  - Middle School LTR programs. Also four 2-week sessions, meeting M-W-F from 8:15 am – 10:00 am. These youngsters will also typically stay fairly close to the boathouse.  
  
Session 1: June 27 through July 8  
Session 2: July 11 through July 22  
Session 3: July 25 through August 5
4. **NEW—Adult Learn to Row II/ development programs.** Small numbers of adult rowers, same time as masters rowing, if sufficient interest. Thursday evening and Saturday morning. Session 1, May 9 – June 11. Session 2, July 28 – September 22.
5. **USRowing Junior Women’s Development Camp**, June 18 – July 9. For the 8<sup>th</sup> consecutive year, OLRA will collaborate with USRowing to host this camp. Approximately 40 strong and promising young women from all around the country will participate in this camp, which is an important part of the entry pipeline for the US National Team program. These young women, along with their USRowing coaches, will be on the Lake most mornings during this period, starting between 8:15 and 10:00 am. They will return for a late afternoon session on some days as well. We have instructed the USRowing coaches to be respectful of other boat traffic at all times, and to avoid the 4<sup>th</sup> of July timeframe.